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Health Dynamics and the Evolution of Health Inequality over the Life Course: The Importance of Neighborhood and Family Background

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Health Dynamics and the Evolution of Health Inequality over the Life Course: The Importance of Neighborhood and Family Background*

Rucker C. Johnson

Abstract

This paper investigates the extent and ways in which childhood family and neighborhood quality influence later-life health outcomes. The study analyzes the health trajectories of children born between 1950 and 1970 followed through 2005. Data from the Panel Study of Income Dynamics (PSID) spanning four decades are linked with information on neighborhood attributes and school quality resources that prevailed at the time these children were growing up.

There are several key findings. First, estimates of sibling and child neighbor correlations in health are used to bound the proportion of inequality in health status in childhood through mid-life that are attributable to childhood family and neighborhood quality. Estimates based on four-level hierarchical random effects models (neighborhoods, families, individuals, over time) consistently show a significant scope for both childhood family and neighborhood background (including school quality). The results imply substantial persistence in health status across generations that are linked in part to low intergenerational economic mobility. Sibling correlations are large throughout at least the first 50 years of life: roughly three-fifths of adult health disparities may be attributable to family and neighborhood background. Childhood neighbor correlations in adult health are also substantial (net of the similarity arising from similar family characteristics), suggesting that disparities in neighborhood background account for more than one-third of the variation in health status in mid life.

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Second, exposure to concentrated neighborhood poverty during childhood has significant deleterious impacts on adult health. The results reveal that even a large amount of selection on unobservable factors does not eliminate the significant effect of child neighborhood poverty on health status later in life. Thus, racial differences in adult health can be accounted for by childhood family, neighborhood, and school quality factors, while contemporaneous economic factors account for relatively little of this gap.

KEYWORDS: health disparities, neighborhood effects, intergenerational mobility

I. INTRODUCTION

Persistent residential segregation of poor and minority populations has spurred a growing literature that investigates the effects of community background on socioeconomic outcomes. However, the effects of the physical and socioeconomic neighborhood on health outcomes have been relatively unexplored. Some studies have demonstrated that health outcomes exhibit a distinctive spatial pattern that mirrors the spatial pattern of physical and socioeconomic disadvantage (e.g., Geronimus et al., 2001; Morenoff and Lynch, 2004; Skinner et al., 2002; Chandra and Skinner, 2003). The similarity of these geographic patterns motivates this paper's investigation into the potential causal effects of neighborhood quality during childhood on adult health status.

This paper examines how and why individual, family, and neighborhood factors produce and reproduce poor health over the life course. The principal impact of parents on their children is shaped during childhood. To understand how childhood disadvantage transmits itself into adulthood, we must separate the effects of neighborhood background from parental factors or genetic factors.

Most analyses of health disparities are cross-sectional and do not examine the dynamics of health inequality over the life-course. The initial descriptive portion of the analysis asks: Do those who are born into disadvantaged neighborhood and family backgrounds persistently have worse health over their lifetime? Or, is the economic mobility process in the U.S. fluid enough to enable those from less advantaged backgrounds to achieve relatively good health and better economic status in adulthood? This paper analyzes health dynamics and the evolution of health inequality over the life course, and investigates the importance of neighborhood and family background.

The typical analytical approach used in neighborhood studies is to regress individual level outcomes such as education, criminal activity, or health on contemporaneous neighborhood-level factors such as census tract mean income, poverty rates, or rates of single motherhood. Such attempts to estimate causal effects of neighborhood context have faced well-documented challenges of endogeneity (Manski, 1993). The primary difficulty in disentangling the relative importance of childhood family and neighborhood quality factors is isolating variation in neighborhood quality characteristics that are unrelated to family factors. Another obstacle is that available data used in prior studies has rarely measured neighborhood factors at a geographic level (e.g., the block) that is detailed enough to identify the neighborhood features that affect future health. Few studies have used convincing identification strategies to overcome these challenges, exceptions are experimental evaluations such as Katz, Kling, Liebman (2001) and Leventhal and Brooks-Gunn (2001).

This paper exploits unique features of the Panel Study of Income Dynamics (PSID) linked with multiple data sources to investigate the long-run consequences of dimensions of childhood neighborhood quality on adult health status. The study analyzes the health trajectories of a nationally-representative sample of children born between 1950 and 1970 who are followed through 2005.

I address three main questions:

- (1) What proportions of inequality in health status over the life course can be explained by childhood family and neighborhood characteristics?
- (2) What specific childhood neighborhood attributes are most important?
- (3) How much of the black-white differences in adult health status can be attributed to differences in childhood family and neighborhood background?

The analysis proceeds in two stages. I first bound the proportion of inequality in adult health that may be attributed to disparities in family and neighborhood quality characteristics (observed and unobserved) during childhood. The research strategy exploits the fact that the initial PSID sample in 1968 was highly clustered with most PSID families living on the same block as other sample families. This survey design allows a comparison of the similarity in adulthood health between siblings who grew up together, versus unrelated individuals who grew up in the same narrowly defined neighborhood. I use correlations between neighboring children's subsequent health in adulthood to bound the proportion of inequality in health outcomes that can be attributed to disparities in neighborhood background. The comparison of sibling and child neighbor correlations in adult health status allows an assessment of the relative magnitudes of the effects of the childhood neighborhood and family environments. The findings are based on the estimation of four-level hierarchical random effects models of self-assessed health status over the life course.

Child neighbor correlations provide an omnibus measure of the potential importance of childhood neighborhood characteristics, but cannot, by themselves, inform us about *why* neighborhoods matter. Thus, after documenting substantial child neighbor correlations in adult health outcomes (net of familial sorting), the second goal is to identify which specific childhood neighborhood attributes are most important. The paper analyzes the relative contribution of a rich array of measured individual, family, neighborhood, and school characteristics to the total variation from each component, and tests hypotheses about the effects of specific characteristics of families, neighborhoods and schools. I find that growing up in a neighborhood with concentrated poverty substantially increases the likelihood of having problematic health at mid-life, in ways that cannot be reduced to the characteristics of the individuals and families themselves.

To assess the robustness of the results for causal inference, I assess how large the unobservables would need to be, relative to the observable factors included, to invalidate the results. The analysis attempts to disentangle the effects

of neighborhood and school quality. The effects of childhood school quality factors are analyzed herein but presented in detail in a companion paper by Johnson (2011). Finally, the paper assesses the extent to which race differences in childhood families, neighborhoods, and schools account for racial health disparities in adulthood.

The remainder of the paper is organized as follows. I next discuss how family and neighborhood factors during childhood may affect an individual's health in adulthood. Section III lays out the methodological challenges in estimating neighborhood effects. I outline my empirical approach in section IV. The data and descriptive results are presented in section V. Section VI discusses the econometric model and estimation methods. The regression results are presented in section VII, with concluding statements in section VIII.

II. WHY MIGHT NEIGHBORHOOD AND FAMILY BACKGROUND MATTER?

Family background can have direct effects on health status over the life course through several mechanisms. Transmission of genetic traits from parents to children plays an important role. Parental socio-economic and demographic factors most likely influence children's health status (Case, Lubotsky, and Paxson, 2002), which in turn carries through to health in adulthood. Poor children suffer more insults to their health and are more likely to have chronic health conditions than those from more affluent families (Brooks-Gunn and Duncan, 1997; Currie and Lin, 2007). The transmission of health lifestyles – eating habits, exercise and smoking behaviors, for example – across generations may also affect adult health.

Similarly, it has been hypothesized that childhood neighborhood factors such as water and air quality, sanitation, pollution and environmental toxins, crime, health care and social services, and public schools most likely influence childhood health. Health lifestyles may also have a neighborhood component, with peer groups and role models within neighborhoods influencing children's opportunities and preferences (Johnson, 2008).

There is an expansive empirical literature in epidemiology investigating health effects of environmental exposures, and a smaller, but growing one in economics with greater attention to issues of causal inference in this area. Prior studies have shown that poor and minority households are more likely to reside near facilities that emit toxic releases, or in highly polluted areas (Perlin, Sexton and Wong 2001; Ash and Fetter, 2004). Lead poisoning has been concentrated in poor areas and in areas with older housing and has been shown to have adverse impacts on cognition and health (Pocock et al., 1994; Needleman and Gastsonis, 1991; Reyes, 2005). Furthermore, elevated exposure to pollution, particularly acute in inner city neighborhoods, lead to significantly higher rates of infant

mortality (Chay and Greenstone, 2003; Currie and Neidell, 2005) and asthma incidence (Neidell, 2004). Prior work suggests that measures to reduce the stress of urban life, including noise abatement, might have significant health effects (e.g., see review article by Schell and Denham, 2003).

This paper extends the SES-health literature and the literature on racial disparities in the United States by increased attention to both family- and neighborhood-level processes. It would be an atomistic fallacy to assume that individual-level processes operate the same at the neighborhood level. It is hypothesized that neighborhood SES conditions may influence health and well-being over and above the independent influence of individual and family-level SES factors. Living in a neighborhood with concentrated poverty may have consequences above and beyond those of growing up in a poor family because of social isolation, crime, weakened social institutions, unrelenting stress, inferior health care accessibility, and other factors.

Neighborhood and family background may also have indirect effects on health over the life course through their effects on socioeconomic mobility. The degree of mobility has direct implications on the resemblance of an individual's childhood and adulthood family characteristics, such as income and education, which may in turn affect health. Because economic status is a major determinant of residential choice, persistence in economic status is likely to lead to persistence in neighborhood quality.

Children's human capital is a function of their parents' human capital, school spending in their community, and the quality of neighborhood conditions and neighbor interactions (increasing in the neighborhood distribution of human capital), which produce human capital externalities. For example, several studies show that the neighborhoods mothers grew up in can have long run effects on the health of their infants. In particular, areas with greater educational opportunities encourage mothers to receive more education, which in turn has effects on the offspring's infant health (Currie and Moretti, 2003).

The degree of persistence in educational attainment and earnings across generations affects the life course trajectory of health capital depreciation because it affects individual's opportunity sets with respect to adult living and working conditions. For example, in an economically segregated environment with low intergenerational economic mobility, the children of poor, less-educated parents residing in low-income neighborhoods with access to poorer quality schools will be more likely to reach adulthood with less accumulated human capital and will be less likely to qualify for well-paid jobs that do not require manual labor. Thus, they will work disproportionately in physically demanding blue-collar occupations, which will increase the rate of decay of their adult health capital (Muurinen and Le Grand, 1985; Case and Deaton, 2003). Moreover, due to economic residential segregation, they will be more likely to live in low-income

neighborhoods that are not supportive of good health (e.g., neighborhoods with high crime, pollution, poor health care system). Higher stress-related life events that result from these living and work conditions may be further exacerbated by an increase in behaviors such as smoking and binge drinking that, while hazardous in the long-run, relieve day-to-day stress in the short-run.

III. METHODOLOGICAL CHALLENGES IN ESTIMATING NEIGHBORHOOD EFFECTS

The primary methodological challenge in estimating the causal effects of neighborhoods on health status is that unobserved factors that affect health may also be correlated with neighborhood factors, leading to biased estimates of neighborhood effects. This can arise from the endogeneity of residential location. That is, individuals and families choose where they live based on the characteristics they value (Tiebout, 1956). Although constraints such as racial discrimination and exclusionary zoning may affect residential choice, families that care more about their health and their children's health will be less likely to choose to live in an area with high crime, pollution, or a poor health care system. Because the complex characteristics that influence neighborhood choices are not well measured, we lack convincing evidence on the impact of neighborhoods on individual outcomes.

Moreover, the typical methods used to address endogeneity (e.g., fixed effect approaches) have significant limitations in this context. First, most health outcomes are a product of cumulative exposures to advantaged/disadvantaged environments spanning decades or exhibit long latent periods before problems manifest. Therefore, the connection between current neighborhood and current health may say little about the influence of neighborhoods factors over the life cycle. Because most methods for overcoming endogenous neighborhood choice are based on short-run changes in the neighborhood environment, these approaches might be limited to uncovering effects only for rapidly-responding intermediate outcomes such as health behaviors (e.g., smoking/drinking, exercise/diet). An additional issue is that neighborhood variables change slowly over time, so most year-to-year variations are noise.

The most powerful way to address selection is through a randomized trial; but an experimental design with randomly assigned neighborhoods is rare. A significant exception is the evaluation of the Move to Opportunity (MTO) program, where an experimental design is used to estimate the effects of offering housing assistance that allows individuals to move out of low-income, poor neighborhoods. Several papers demonstrate that MTO had beneficial effects on the health of children and adults (Katz, Kling, Liebman, 2002; Leventhal and Brooks-Gunn, 2002; Orr et al., 2003). This evidence is consistent with the claim that neighborhood factors influence health status, at least in the short-run among

poor families, and suggests that improvements in neighborhood conditions can have important effects on health independent of any effects on income or employment.

Among the studies that address endogeneity and self-selection using non-experimental methods, the most common approach is the use of instrumental variable techniques (e.g., Evans et al., 1992; Case and Katz, 1991; and McLanahan, 1996), where the exclusion restrictions are tenuous. An alternative non-experimental approach compares siblings who have been raised in different neighborhoods at different ages because their parents have moved (Aaronson, 1998; Plotnick and Hoffman, 1996). The key assumption is that the family effect is fixed, not time-varying. If, for example, families' preferences change as their children get older, and they become more interested in neighborhoods that are less risky for their children's health, then they might move to better neighborhoods which may in turn lead to better health outcomes for their children. However, if the underlying change in their preferences not only caused them to change neighborhoods, but also to spend more time encouraging their children to practice good health behaviors, then the neighborhood "effect" represents these other factors and not the causal effects of neighborhoods *per se*. Moreover, it is possible that sibling differences may aggravate the endogeneity problem, as has been discussed in the context of the labor market returns to schooling (Griliches, 1979; Bound and Solon, 1999).

Typical neighborhood studies also face the challenge of identifying and measuring relevant factors. The neighborhood qualities that matter may be hard to measure, or they may not be measured in enough spatial detail. This issue is analogous to the finding in the family background literature that sibling correlations in socioeconomic status far exceed what has been explained by any particular measured aspects of the siblings' shared background (Corcoran, Jencks, and Olneck, 1976).

A number of US studies have examined sibling correlations in adult SES as an approach to measure the importance of family background on children's future economic success, most commonly using the PSID or the NLS/NLSY79 data sets (e.g., Solon et al., 1991; Altonji and Dunn, 1991; Ashenfelter and Zimmerman, 1997; Bjorklund et al., 2002; Mazumder, 2008). Sibling correlations represent much broader measures of the influence of childhood family and neighborhood background than an intergenerational earnings elasticity, as the former also captures the combined effects of child neighborhood and school quality factors, peer and role model effects (that siblings share in common). These prior studies have reported sibling correlation estimates in adult economic outcomes ranging from around 0.3 to 0.5.

However, only a few studies have attempted to decompose the source of sibling correlations into those that emanate from childhood family vs.

neighborhood/school factors (Solon et al., 2000; Raaum, Salvanes, and Sorensen, 2006; Oreopoulos, 2003). Solon, Page, and Duncan (2000) and Solon and Page (2003) estimate sibling and child neighbor correlations in schooling and earnings in young adulthood and generally interpret their findings to suggest a small role for neighborhoods. In a similar vein, Duncan et al. (2001) use data from the National Study of Adolescent Health (ADD-Health) to estimate sibling, neighbor, and schoolmate correlations for more recent birth cohorts and conclude family-based factors are several times more powerful than neighborhood and school contexts in affecting adolescents' achievement and delinquency. However, none of these studies examine health status as an outcome, nor were analyses performed throughout the life course, nor were they able to follow individuals into their mid-30s and beyond. Although the possibility of life-cycle bias and biases stemming from poor proxies of permanent economic status (Haider and Solon, 2006) have not been considered in prior studies that have estimated child neighbor correlations, sibling and neighbor correlations that use a single- or even a multiple-year measure of current adult outcomes at relatively young adulthood ages as a proxy for permanent adult attainment status will most likely suffer from these biases.

One factor that could cause one to underestimate the importance of neighborhood effects is that sibling and neighbor correlations alone do not allow a straightforward examination of subgroups, some of which may be more susceptible to neighborhood factors. For example, neighborhood problems such as violence, lead paint, or pollution, may have significant impacts on health only when they achieve some threshold of incidence. Or certain families, perhaps low-income or single parent families, may be less able to buffer the negative effects of low quality neighborhoods. The empirical approach taken in this paper attempts to address many of the methodological challenges and advance the literature.

IV. OVERVIEW OF EMPIRICAL APPROACH

The first goal of the analysis is to provide an overall assessment of the relative contributions of individual, family and neighborhood influences during childhood on health in childhood and adulthood through mid-life. I exploit a unique feature of the PSID and adopt an approach used by Solon et al. (2000) to examine the role of childhood neighborhood factors on educational attainment. Specifically, the initial PSID sample in 1968 was highly clustered with most PSID families having several other sample families living on the same block, who have been subsequently followed over time. I follow the health experiences of those who were children in 1968, and thus who had reached mid-adulthood by 2005. This design allows a comparison of the similarity in childhood to mid-adulthood health between siblings who grew up together, versus unrelated individuals who grew up

in the same narrowly defined neighborhood. This approach avoids the difficulty of defining neighborhood quality at the outset, and instead compares sibling correlations with neighbor correlations, placing an upper bound on the neighborhood influence (including effects emanating from school quality) and allowing a comparison of the relative magnitudes of child neighborhood versus family effects. The results are based on the estimation of four-level hierarchical random effects models (neighborhoods, families, individuals, over time) of health status.

The intuition behind this strategy is that if family background and residential community are important determinants of adult health outcomes, there will be a strong correlation between siblings in their health outcomes, as compared to two arbitrarily chosen individuals. Sibling correlations in health outcomes reflect the influence of all family and neighborhood background factors shared by siblings—measured and unmeasured—that may affect health outcomes, such as the socioeconomic status of parents, genetic traits, family structure, and neighborhood and school quality. And, if the neighborhood where the child grew up is important, it will show up as a strong correlation between neighboring children's subsequent health outcomes. Since parents exercise some degree of choice over where to live and similar families tend to sort into the same neighborhoods, resemblance in adult health among childhood neighbors may reflect childhood family rather than neighborhood effects. Thus, adjusted neighbor correlations net of observable family sorting influences are estimated to provide tighter bounds on the relative impacts of family and neighborhood background.

The overall scope of both childhood family and neighborhood factors on subsequent health (implied by the sibling and neighbor correlations in health, reported in Table 2) provide the impetus for further investigation of what aspects of childhood family and neighborhood features influence subsequent health trajectories. I then analyze the relative contribution of a rich array of measured childhood family socioeconomic conditions, neighborhood, and individual covariates to the total variation from each component, and test hypotheses about the effects of specific characteristics of families and neighborhoods (reported in Tables 3 & 4). Upon discovering a deleterious relationship between living in concentrated neighborhood poverty during childhood and subsequent health status over the life course, I probe the robustness of this finding for causal inference. In particular, I employ an innovative empirical approach, recently proposed by Altonji et al. (2005) and Krauth (2006), to gauge how sensitive estimates of the effects of neighborhood poverty are to selection on unobserved variables. The results reveal that even a large amount of selection on unobservable factors does not eliminate the significant effect of childhood neighborhood poverty on adult health status (reported in Table 5). Finally, I use the estimated models to assess

the extent to which childhood neighborhood and family SES conditions can explain the significant racial health disparities observed in adulthood (reported in Tables 3 & 4). Section VI discusses the methods used for each of these stages of the analysis.

There are four primary reasons why the approach taken in this paper extends our understanding of neighborhood effects. First, in contrast to the experimental evidence and previous observational studies, the analysis examines effects over a very long time horizon. Second, instead of focusing on contemporaneous neighborhood effects, I analyze the effects of neighborhood origins, which include indirect effects operating via the economic mobility process as well as cumulative exposure to neighborhood conditions that may vary over the life cycle. Third, I use the census block as the definition of neighborhood, which is a much smaller geographic area than previous studies utilize. Finally, I use estimates of neighbor correlations as an omnibus measure of the potential effects of neighborhood quality (including unmeasured characteristics), rather than initially focusing the analysis on particular observable neighborhood attributes.

The innovative research design and unique measures merged on from multiple data sources collected on aspects of neighborhood physical, service and social environments during childhood—including neighborhood poverty and crime, income and education, health insurance, race and residential segregation, school quality, parental expectations for child achievement, health behaviors, housing quality, connectedness to informal sources of support—help illuminate what lies along the “chain of causation” from childhood conditions to adult health outcomes.

V. DATA AND MEASURES

The PSID began interviewing a national probability sample of families in 1968 and re-interviewed them each year through 1997, when interviewing became biennial. All persons in PSID families in 1968 have the PSID “gene,” which means that they are followed in subsequent waves. When children with the “gene” become adults and leave their parents’ homes, they become their own PSID “family unit” and are interviewed in each wave. This sample of “split offs” has been found to be representative (Fitzgerald, Gottschalk and Moffitt, 1998). Moreover, the genealogical design implies that the PSID sample today includes numerous adult sibling groupings who have been members of PSID-interviewed families for nearly four decades.

The PSID used a “cluster sample” when it started to economize on interviewing costs. This design effect is typically a liability in statistical analyses because one has to account for non-independence across individuals within the

same cluster. But for our purposes, the clustering provides the unique opportunity to examine health outcomes for adults who were childhood neighbors in 1968. Moreover, because all 1968 children are followed throughout their lives, I can examine the similarity in health status over the life course of both siblings and childhood neighbors.

The sample consists of PSID respondents who were children when the study began and who have been followed into adulthood; they were born between 1949 and 1968 and were between 0 and 18 years old in 1968. I obtain all available information on them for each wave, 1968 to 2005. In 2005, the oldest respondent is 57 and the youngest is 37.¹ (A discussion of sample attrition is presented in the Appendix). I analyze the confidential geocoded version of the PSID (1968-2005) with identifiers at the neighborhood block level. I then merge on an array of neighborhood and school information from multiple data sources that prevailed at the time these children were growing up.

I define the neighborhood of upbringing as the census block where the child lived in 1968.² This is a better definition of neighborhood than the typically-used census tract which consists of roughly 5,000 families. The PSID cluster design is discussed in greater detail in Solon et al. (2000).

To increase the sample size as well as the number of poor and black families, I include both the Survey Research Center (SRC) component and the Survey of Economic Opportunity (SEO) component, commonly known as the “poverty sample,” of the PSID sample. I appropriately apply multi-level sample weights at the neighborhood and family levels to produce nationally-representative estimates. The results are robust to the exclusion of the SEO sample (results available upon request).

The sample used to analyze adult health contains 51,082 person-year observations from 4,705 individuals from 1,935 families, 1,428 neighborhoods, and 270 counties. The mean age is 35, with age ranging from 20 to 57, and an average of 11 observations per person. A total of 1,383 families had at least two children, and a total of 357 neighborhoods contained at least two different unrelated families. The sample used to analyze child health contains 2,316 individuals from 1,280 families, 934 neighborhoods, and 210 counties.

¹ The PSID maintains wave-to-wave response rates of 95-98%. Studies have concluded that the PSID sample of heads and wives remains representative of the national sample of adults (Gottschalk et al., 1999; Beckett et al., 1997).

² The 1968 addresses were geocoded to census block identifiers using GDT geographic mapping technologies. Census blocks are the smallest level of geographic precision reported by the Census Bureau and represent a narrow definition of neighborhood. Census block identifiers are defined for the entire U.S. in 2000. The average proportion of childhood spent growing up in the 1968 neighborhood was roughly two-thirds for the sample (further discussion provided in the Appendix).

Measurement of Health. The key adulthood health outcome is general health status (GHS) based on the question asked of household heads and wives (if present) at each wave between 1984 and 2005: “Would you say your health in general is excellent, very good, good, fair, or poor?” It was asked of all family members in 1986. GHS is highly predictive of morbidity measured in clinical surveys, and is a powerful predictor of mortality, even when controlling for physician-assessed health status and health-related behaviors. (For reviews, see Idler and Benyamini (1997) and Benyamini and Idler (1999).) GHS is frequently used and allows us to compare findings with those from related studies such as Case, Fertig, and Paxson (2005).

In addition, the PSID in 1999 and 2001 asked adults to recall their health in childhood (i.e., ages less than 17) and rate it as excellent, very good, good, fair, or poor. Empirical research findings have supported the validity and reliability of retrospective reports of childhood health conditions (Smith, 2008). Retrospective reports of overall childhood health (E/VG/G/F/P) have been shown to be highly correlated with reports of childhood activity-limiting health conditions (Elo, 1998).

In order to scale the GHS categories, I use the health utility-based scale that was developed in the construction of the Health and Activity Limitation index (HALex). (A discussion of various options for treatment of GHS is described in the Appendix). The HALex scores associated with GHS categories are based on the U.S. National Health Interview Survey (NHIS). A multiplicative, multi-attribute health utility model was used to assign scores and quantify the distance between the different GHS categories. The technical details of the scaling procedures are discussed at length elsewhere (Erickson, Wilson, Shannon, 1995; Erickson, 1998). Thus, using a 100-point scale where 100 equals perfect health, the interval health values associated with GHS used in this paper are: [95, 100] for excellent, [85, 95] for very good, [70,85] for good, [30,70) for fair, and [1,30) for poor health. Consistent with previous research, the skewness and nonlinearity of this scaling is reflected in the fact that the “distances” between excellent health, very good health, and good health are smaller than between fair and poor health. This scaling is currently used by the National Center for Health Statistics to estimate health-related quality of life measures and years of healthy life (*Healthy People 2000*).

I estimate all regression models of health status using the interval regression method. While the HALex approach with interval regressions is superior to alternatives, as described in the appendix, I have also estimated identical models using poor/fair health as the dependent variable in a multi-level logit model. The substantive conclusions are unchanged. The sample includes males and females and all analyses control for gender, given well-known differences in health status, health behaviors, and labor market outcomes for men

and women. Due to the complexity of the health status changes for women during the childbearing years, I exclude self-assessed health status measures of women in the years they were pregnant.

Childhood family factors: The measures of childhood family characteristics come from survey information of parents and childhood conditions collected in the early years of the PSID. These measures include: average annual family income-to-needs ratio (based on the five-year average as reported in 1967-1972), parental education, parental family structure at birth, race, child health insurance coverage (as reported in 1967-1972), parental annual expenditures on cigarette and alcohol consumption (based on the five-year average in 1967-1972), indicator for low birth weight, parental connectedness to informal sources of help, parental expectations for child achievement, and housing plumbing and insulation problems.

Childhood neighborhood factors: I utilize information on neighborhood characteristics from respondent self-reports in the survey and merged on neighborhood-level variables from the 1970 Decennial Census. The Census-based variables include the neighborhood poverty rate (as defined by the US federal poverty line), and the black-white dissimilarity index as a measure of racial residential segregation in the metropolitan area. I classify neighborhoods with low poverty levels as those in which less than 10% of the households are poor; neighborhoods with high poverty levels are those in which more than 30% of the households are poor; and neighborhoods with medium levels of poverty are those in which 10-30% of households are poor.

The self-reports of housing/neighborhood conditions, which were only collected in 1975, include: whether live in public subsidized housing; poor neighborhood for children, whether there exist plumbing problems, housing structural problems, security problems, cockroach or rat problems, insulation problems, neighborhood cleanliness problems, overcrowding, noise, or traffic problems, burglary, robbery, assault, drug use, or problems related to having too few police. I use these 1975 measures to proxy 1968 neighborhood characteristics, with evidence that 1968 families tended to move to neighborhoods that had observable neighborhood characteristics that were similar to their previous residential location (based on my own examination and evidence from Kunz et al. (2003) and Jackson and Mare (2007)).

A neighborhood with high reported crime levels is defined as one in which the average response among neighboring PSID households is a report of major crime-related problems (e.g., security problems, burglary, robbery, assault, drug use, or problems related to having too few police). Similarly, a “neighborhood housing quality index” is constructed based on the average response of the presence of housing insulation, plumbing, and/or housing structural problems, among all PSID households who live in the same neighborhood. I also make use

of a unique set of indices that capture parental aspirations/motivation, long-term planning and connectedness to informal sources of help that were collected in the early years of the PSID. The latter measures social supports and social capital. Neighborhood-level measures were obtained by computing the average index scores, respectively, based on responses among neighboring PSID households. This survey information is used along with the 1970 census tract based measures of the neighborhood poverty rate.

In a subset of analyses, I make use of PSID residential mobility histories over the 1968-2005 period, merged with neighborhood-level variables from the 1970, 1980, 1990 and 2000 Decennial Census, to construct contemporaneous measures of the neighborhood poverty rate and the duration of exposure to concentrated poverty.

I also merged a set of school quality resource indicators for 1960-1980 (including per-pupil spending, class size) and measures of the extent of racial school segregation.³ Appendix Table A0 lists the sources and years of all data elements along with details of the PSID survey questions used to construct these measures. Appendix Table A1 contains sample descriptive statistics for all childhood family and neighborhood measures by race.

Descriptive Results. I first present nationally-representative estimates of the bivariate relationship between childhood-to-midlife health status and socioeconomic status in childhood (i.e., parental education, income, child health insurance coverage), and neighborhood quality in childhood (i.e., poverty and crime, race and residential segregation, and neighborhood housing quality).

The results shown in Figures 1-5 describe the extent of health disparities and how the child socioeconomic gradient in health evolves over the life course. These figures display the proportion of years in poor health as an adult as well as the age pattern of the health index. The age patterns of the conditional expectations are calculated using a Jianqing Fan (1992) locally weighted regression smoother, which allows the data to determine the shape of the function, rather than imposing a functional form. The differences presented are all statistically significant.

³ The sources for the school data are detailed in Johnson (2011).

Figure 1.

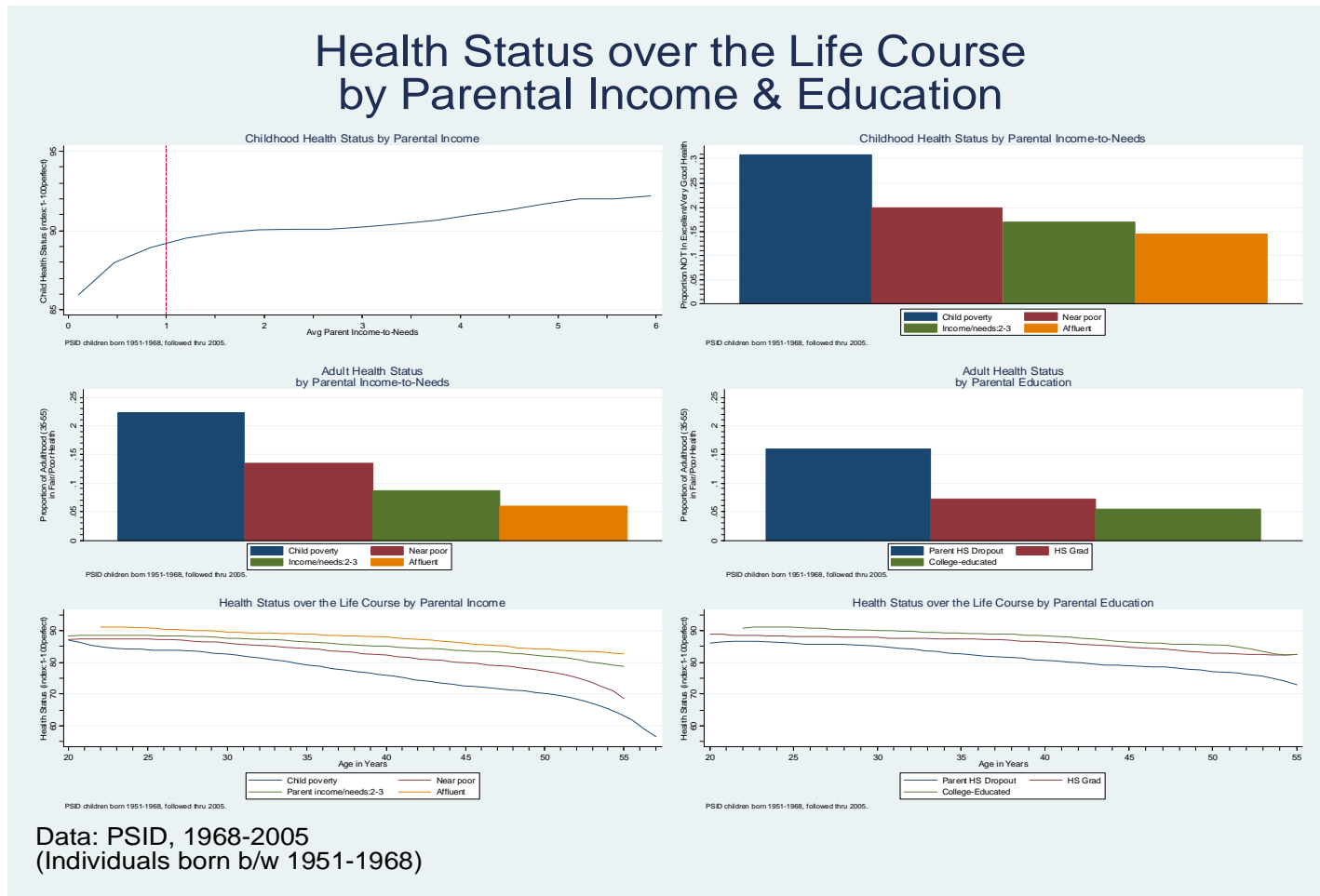


Figure 2a.

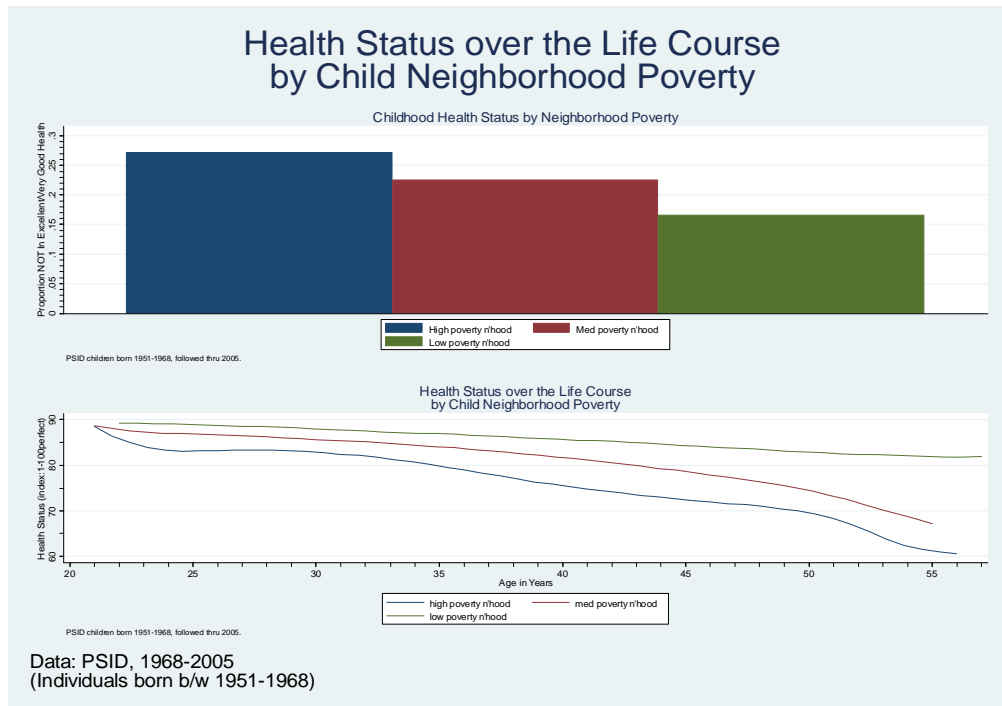
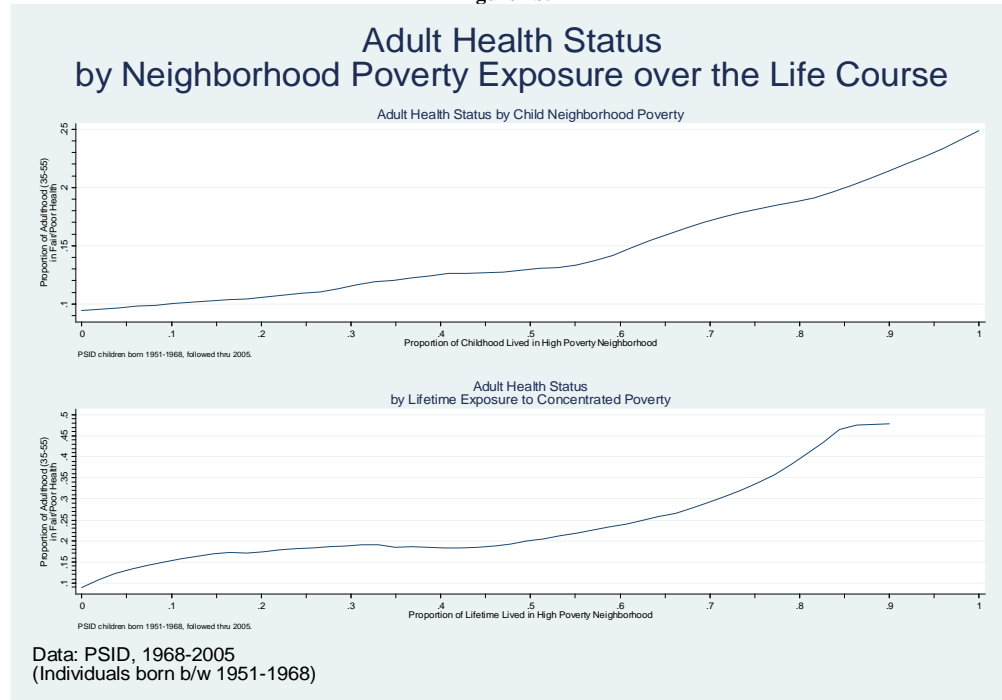


Figure 2b.



These figures reveal several patterns. First, the relationships between the parental income-to-needs ratio and child health and adult health exhibit nonlinearities, with children growing up in poverty experiencing significantly higher rates of problematic health throughout life. As shown in Figure 1, 31 percent of children who grew up in poverty did not possess excellent or very good health during childhood, in contrast to 20 percent among the near-poor and roughly 15 percent among the non-poor. Similarly, among children whose parents did not graduate from high school, 23 percent were not in excellent or very good health during childhood, while that rate was 15 percent among children of more highly-educated parents.

Furthermore, the socioeconomic gradient in health widens over the life course, as the health deterioration rate is more rapid in adulthood among those who grew up in more disadvantaged child neighborhood and family environments. For example, 23 percent of adulthood years between ages 35 and 55 is spent in fair or poor health among those who grew up in poverty, while those rates are 13, 8, and 6 percent respectively among the near-poor, those whose parental-income-to-needs ratio is 2 to 3, and those growing up in affluent families (Figure 1). As shown in Figure 1, the health status of a 25-year old who grew up in poverty is roughly at the same level of health as a 50-year old who grew up in an affluent family. These descriptive bivariate figures parallel the findings of Brooks-Gunn and Duncan (1997), Case, Lubotsky, and Paxson (2002), Currie and Lin (2007), and others who have documented the SES-health gradient.

This pattern is striking for health status by child neighborhood poverty. As shown in Figure 2a, 27 percent of children who grew up in high poverty neighborhoods lacked excellent or very good health during childhood, compared with 16 percent among children from low poverty neighborhoods. The health status of a 25-year old who grew up in a high poverty neighborhood (i.e., neighborhood poverty rate of thirty percent or higher) is roughly the same as that of a 50-year old who grew up in a low poverty neighborhood.

Johnson (2008) highlights substantial race differences in the incidence and duration of exposure to concentrated poverty over the life course. He documents high rates of immobility from poor neighborhoods over the life course, especially among African-Americans. The average black child spent $\frac{1}{4}$ of childhood years in high poverty neighborhoods, $\frac{1}{3}$ of early-to-mid adulthood years in high poverty neighborhoods, and 15 percent of adulthood years lived in low poverty neighborhoods. This is in stark contrast to those rates for the average white child, who spent just 3 percent of childhood and adulthood years in high poverty neighborhoods, 80 percent in low poverty neighborhoods, and more than half of early-to-mid adulthood years in low poverty neighborhoods. These black-white differences in adulthood exposure to neighborhood poverty are largely accounted for by differences in the likelihood of being born into a poor neighborhood, and to a lesser extent by differences in rates of upward and downward socioeconomic mobility over the life course (Johnson, 2008).

Building on that work, Figure 2b shows the proportion of adulthood years between ages 35 and 55 spent in fair or poor health by exposure to concentrated neighborhood poverty during childhood and by cumulative exposure up to mid-life. Those who spent their childhood residing in high poverty neighborhoods subsequently experienced one-quarter of their years between ages 35 and 55 in fair or poor health. There appears to be a dose-response in the simple bivariate relationship with duration of exposure to concentrated poverty and the likelihood of problematic health in adulthood. For example, among those who spent less than 20, 50 and 80 percent of their lifetime residing in high poverty neighborhoods, their corresponding proportion of adulthood spent in fair or poor health is roughly 10, 20 and 40 percent, respectively.

These differences by childhood neighborhood and family socioeconomic status likely contribute to the observed racial disparities in health. Thirty percent of blacks did not have excellent or very good health during childhood compared with 15 percent among non-Hispanic whites. As shown in Figure 3, black-white differences in health status widen significantly over the life course. By age 55 the health status of the average African-American is problematic, while the average health status of whites is good or very good (65 versus 85 on the health status index). A quarter of whites report themselves in excellent health well into their 50s; among blacks, the same points are reached before age 40. Figure 3 also shows that blacks who grew up in extremely segregated environments in childhood experienced worse health in childhood and adulthood, relative to blacks in less segregated areas.

Figure 3.

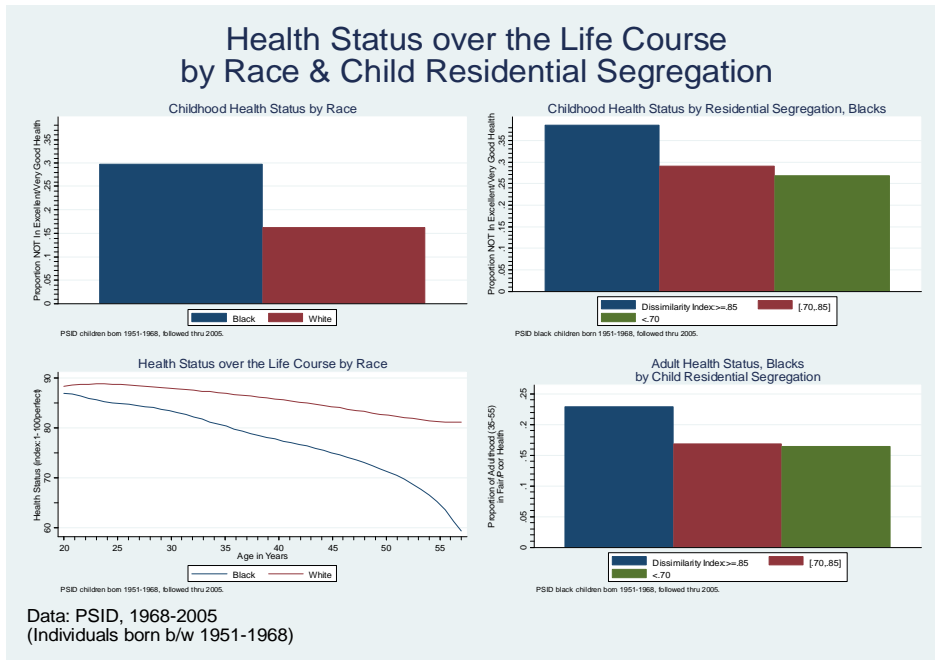


Figure 4 presents child and adult health status by childhood neighborhood crime, and neighborhood housing plumbing and insulation problems. About 27 percent of children in high-crime neighborhoods were not in excellent or very good health during childhood compared with 16 percent among those in low crime neighborhoods. Similar patterns of differences exist in childhood health and adulthood health between individuals raised in environments with neighborhood plumbing and insulation problems, relative to individuals raised in environments that did not have these problems.

Figure 5 presents health status over the life course by birth weight and child health insurance status. The gaps widen over the adulthood years among individuals born low weight and those born at normal weight, and to some degree widen between those whose parents possessed private health insurance coverage for their children and those who lacked coverage (see Johnson and Schoeni, 2011). In particular, 27 percent of children born low weight lacked excellent or very good health during childhood compared with 15 percent among those born at normal weight; and by age 55, the gap in the health utility index widens to an average of 70 (among low birth weight individuals) compared to 85 (among normal birth weight individuals).

Of course, families who exhibit different health trajectories are different from one another in a multitude of ways that may also contribute to these differences in their children's adult health status. These bivariate relationships do not necessarily reflect causal relationships, particularly if the propensity for health problems is in part transmitted by nature from one generation to the next. I find significant correlations in health problems across generations. Parents who were in problematic health for the majority of their 50s and 60s were more likely to have children who experienced fair or poor health for a larger share of their adulthood years between ages 35 and 55 (relative to the children of parents who were in good health at these ages).

Figure 4.

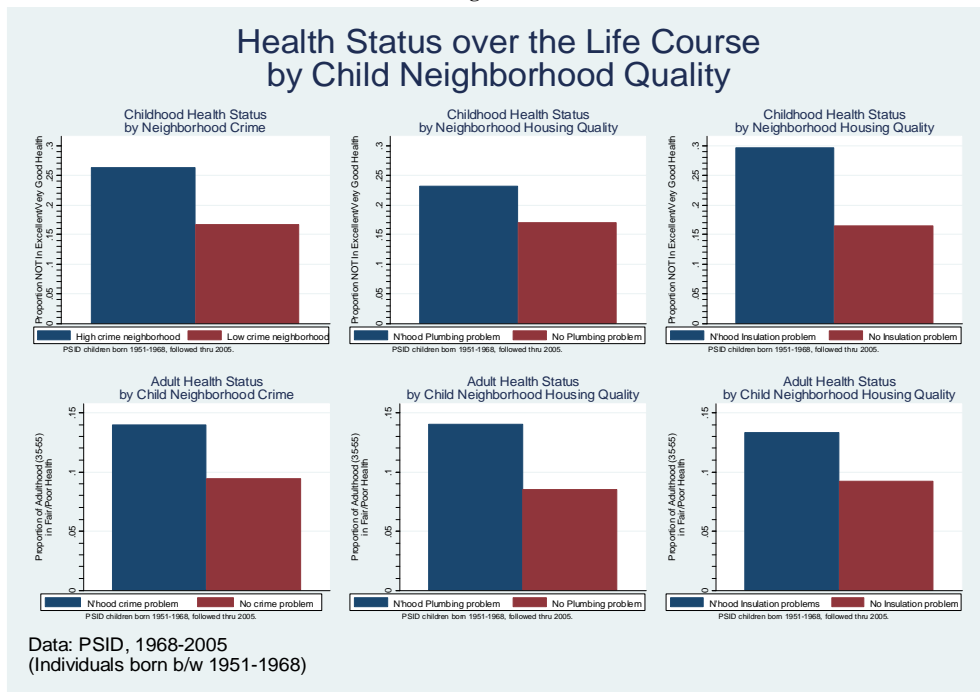
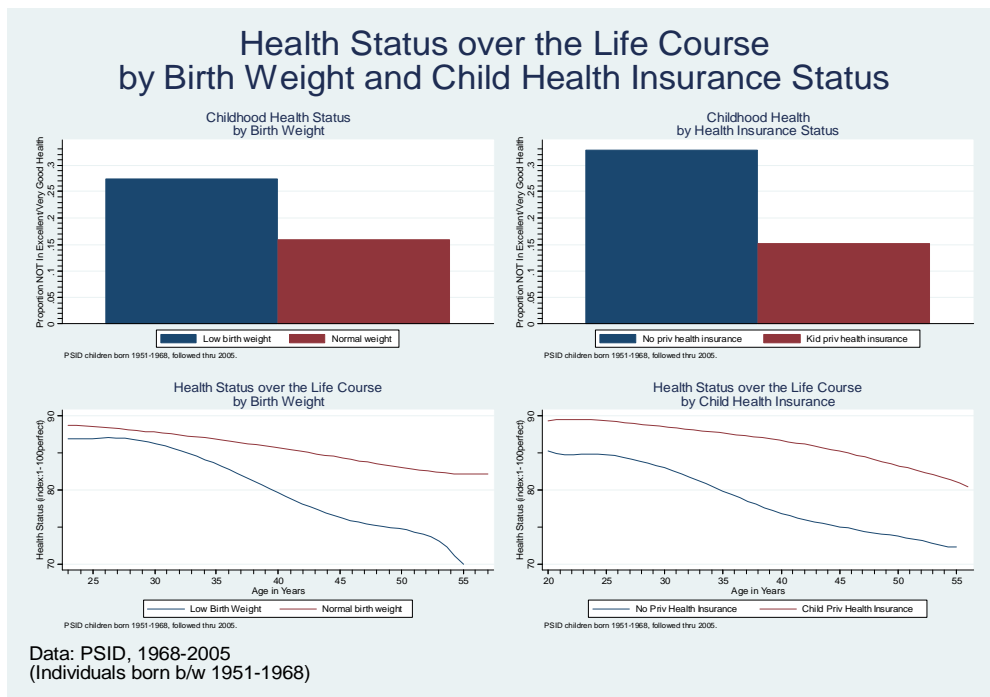


Figure 5.



VI. ECONOMETRIC MODEL & ESTIMATION METHODS

In this section, I present an econometric model that illustrates the connections among sibling correlations, neighbor correlations, and regression analyses of neighborhood effects. Assume the true model for health status is:

$$H_{tsfn} = \alpha'Age_{tsfn} + \beta'_t Z_n + \gamma'_t X_{fn} + \theta'_t W_{sfn} + \varepsilon_{tsfn} \quad (1)$$

where the indices $t, s, f,$ and n denote time, individuals, childhood families, and neighborhoods, respectively, and where there are

$t = 1, 2, \dots, O_{sfn}$ observations over time of individual s from family f in neighborhood n ;

$s = 1, 2, \dots, S_{fn}$ individuals in family f in neighborhood n ;

$f = 1, 2, \dots, F_n$ childhood families in neighborhood n ;

$n = 1, 2, \dots, N$ childhood neighborhoods.

H_{tsfn} denotes health status for individual s at time t ; Z_n is the vector of all childhood neighborhood characteristics (measured and unmeasured) that affect H_{tsfn} ; X_{fn} is the vector of all childhood family characteristics that affect H_{tsfn} ; W_{sfn} is the vector of all individual-specific factors that are not related to Z_n or X_{fn} ; and ε_{sfn} is the individual transitory component of self-assessed health status. Note that for simplicity, at this juncture, I do not incorporate potential interactions between family and neighborhood background effects or nonlinearities into the model, but rather assume a linear representation.

Due to the self-selection of advantaged families sorting into advantaged neighborhoods as discussed above, we expect the family background factors, X_{fn} , and the neighborhood background factors, Z_n , to be positively correlated (and thus, $\text{cov}(\beta'_t Z_n, \gamma'_t X_{fn}) > 0$). Because it is difficult to accurately measure every factor in X_{fn} and Z_n , the assumption that ε_{sfn} is uncorrelated with the observable measures of X_{fn} and Z_n will be violated, leading to biased estimates of neighborhood effects (β) and family background effects (γ). Using the taxonomy of Manski (1993), it is not possible to distinguish the two types of “social effects” -- “endogenous effects” and “exogenous effects” -- from the nonsocial “correlated effects”. Manski also demonstrates that it is not possible to distinguish the two types of social effects from each other.

Therefore, the first goal of the analysis is focused on an overall assessment of the relative contributions of individual, childhood family and neighborhood effects on health in childhood and early-to-mid adulthood. Based on equation (1), the population variance of age-adjusted health status can be decomposed as:

$$\text{var}(H_{tsfn}) = \text{var}(\beta'_t Z_n) + \text{var}(\gamma'_t X_{fn}) + 2 \text{cov}(\beta'_t Z_n, \gamma'_t X_{fn}) + \text{var}(\theta'_t W_{sfn}) + \text{var}(\varepsilon_{tsfn}) \quad (2)$$

where the first term on the right hand side of the equality is the variance in (effect-weighted) neighborhood characteristics and is central to the assessment of the scope of “neighborhood effects”; the second term is the variance in (effect-weighted) family characteristics within neighborhoods (i.e., the between-family variance among unrelated neighbors); the third term arises from the sorting of similar families into the same neighborhoods (i.e., neighboring children share similar family characteristics); the fourth term is the variance in (effect-weighted) individual characteristics within families (i.e., the between-sibling variance in the permanent component of health); and the final term is the variance in the individual transitory component of self-assessed health (which includes measurement error). The strategy for assessing the importance of contextual effects involves estimating the fraction of variation in health status over the life course that lies between childhood families and neighborhoods, to provide an upper bound on the possible effect of these contexts.

Four-Level Hierarchical Random Effects Interval Regression Model. In order to decompose both the variance of the level of health and the rate of health depreciation over time into the fraction that lies between neighborhoods, families, and individuals, I estimate a four-level hierarchical random effects interval regression model. The data are hierarchical because I have multiple observations over time of individuals who are nested within families, which are nested within neighborhoods, and counties. Multilevel modeling techniques can accommodate the hierarchical and unbalanced structure of our data, non-independence of the (sometimes overlapping) pairs of siblings and neighbors, as well as the non-normality of health (Raudenbush and Bryk, 2002).

An alternative approach utilized by Altonji and Dunn (1991), Solon et al (2000), Solon and Page (2003) and Bjorklund et al (2009) is to use method of moments and ANOVA estimators of variance components, and/or simply calculating the correlation coefficient between all possible sibling pairs and neighbor pairs. One downside is that this approach cannot be easily applied to outcomes that are based on categorical indicators, and judgment calls are required in how exactly to weight families of different sizes and neighborhoods with different numbers of sample families. Another drawback is this technique would force the elimination of all “singletons” (those without a sibling) from the analysis, resulting in less efficient estimates of the family component. Although ANOVA estimators of variance components have some desirable statistical properties for balanced data, virtually none of these properties transfer over to the case of unbalanced data (Mazumder, 2008). For this reason, the preferred approach is to use multilevel maximum likelihood estimators for variance component models, which has a number of advantages with more desirable statistical properties such as consistency, asymptotic normality, and a known asymptotic sampling dispersion matrix. Multilevel modeling using maximum likelihood techniques partial out the fixed effects and

maximize the likelihood of the residuals containing the random effects variance–covariance structure. Searle et al. (1992) conclude after an extensive review of approaches for estimating variance components that “It is our considered opinion that for unbalanced data each of ML and REML are to be preferred over any ANOVA method.” Multilevel models using maximum likelihood also appears to be the preferred estimator among quantitative geneticists (Meyer and Hill 1991; Visscher 1998). Another nice feature of the multilevel modeling techniques used in this paper is that it directly produces standard errors of the variance components (standard errors for the estimated sibling and neighbor correlations are calculated by the delta method). Until recent years, computational limitations also made practical implementation of maximum likelihood more difficult.

I begin by estimating the four-level hierarchical random effects model given by

$$H_{tsfn}^* = (\alpha'Age_{tsfn}) + (\eta_{000n}) + (\phi_{00fn}) + (\delta_{0sfn}) + \varepsilon_{tsfn} \quad (3)$$

I estimate these models separately at four distinct stages of the life cycle: childhood; young adulthood (ages 20-34); ages 35-44; and ages 45-57, in order to gain greater insight into the extent to which childhood family and neighborhood influence the trajectory of health over the life course. These unconditional baseline models also include controls for gender, year of birth, and quadratic terms for age (suppressed in the above notation). The neighborhood-, family-, and individual-level random effects capture unobserved characteristics of the neighborhood, family, and individual. The neighborhood random intercept coefficient is represented by η_{000n} ; the family random intercept coefficient is represented by ϕ_{00fn} ; the individual random intercept coefficient is represented by δ_{0sfn} ; and ε_{tsfn} represents the individual transitory component of self-reported health (which includes measurement error). Each of these random effects are assumed to be normally distributed with a mean of 0, and $\text{var}(\eta_{000n}) = \sigma_{0n}^2$, $\text{var}(\phi_{00fn}) = \sigma_{0fn}^2$, $\text{var}(\delta_{0sfn}) = \sigma_{0sfn}^2$, and $\text{var}(\varepsilon_{tsfn}) = \sigma_{tsfn}^2$. Age_t is the individual’s actual age at time t centered around the mean age in the sample. All standard errors are Huber-corrected, clustered on county.⁴

Of primary interest is the decomposition of the variance of the level of health over the life course into their within-family, between-family within-neighborhood,

⁴ Because neighborhoods are nested within counties, I also estimated five-level hierarchical models, where the hierarchical levels represented counties, neighborhoods, families, and individuals over time. This provides a robustness check to ensure that the childhood neighborhood random effects components were not primarily driven by effects operating at higher geographic levels of aggregation (i.e., above the school district level). However, those models did not significantly improve the fit and the between-county random effects component was not statistically significant. This supports the use of the four-level hierarchical model.

and between-neighborhood components. In this model, individuals from the same neighborhood but not in the same family (i.e., neighbors) are correlated because they share the random effect η_{000n} , and siblings are correlated because they share the random effects η_{000n} and ϕ_{00fn} . We want to evaluate the health correlation between siblings at the same age, and evaluate the health correlation between neighbors at the same age. In this model, the sibling correlation and neighbor correlation in the level of health can be computed, respectively, as:

$$\rho_{\text{sibling,healthlevel}}(\text{age}) = \frac{(\sigma_{0n}^2) + (\sigma_{0fn}^2)}{(\sigma_{0n}^2) + (\sigma_{0fn}^2) + (\sigma_{0sfn}^2)}, \text{ which from model (1) is akin to}$$

$$\left(\frac{\text{var}(\beta'_t Z_n) + \text{var}(\gamma'_t X_{fn}) + 2 \text{cov}(\beta'_t Z_n, \gamma'_t X_{fn})}{\text{var}(\beta'_t Z_n) + \text{var}(\gamma'_t X_{fn}) + 2 \text{cov}(\beta'_t Z_n, \gamma'_t X_{fn}) + \text{var}(\theta'_t W_{sfn})} \right);$$

$$\rho_{\text{neighbor,healthlevel}}(\text{age}) = \frac{(\sigma_{0n}^2)}{(\sigma_{0n}^2) + (\sigma_{0fn}^2) + (\sigma_{0sfn}^2)}, \text{ which from model (1) is akin to}$$

$$\left(\frac{\text{var}(\beta'_t Z_n) + 2 \text{cov}(\beta'_t Z_n, \gamma'_t X_{fn})}{\text{var}(\beta'_t Z_n) + \text{var}(\gamma'_t X_{fn}) + 2 \text{cov}(\beta'_t Z_n, \gamma'_t X_{fn}) + \text{var}(\theta'_t W_{sfn})} \right).$$

The sibling correlation is between H_{sfn}^* and $H_{s'fn}^*$, evaluated at the same age; the neighbor correlation is between H_{sfn}^* and $H_{s'f'n}^*$, evaluated at the same age. Our interest is in the permanent (rather than the transitory) component of health, so we do not include the temporal variation of health in the denominator.

The sibling correlation measures the proportion of the total variation in health status due to factors shared by siblings

$$\left(\frac{\text{var}(\beta'_t Z_n) + \text{var}(\gamma'_t X_{fn}) + 2 \text{cov}(\beta'_t Z_n, \gamma'_t X_{fn})}{\text{var}(H_{tsfn})} \right). \text{ Siblings have correlated health}$$

outcomes because they have shared family and neighborhood backgrounds, and thus, the sibling correlation captures all family and neighborhood factors (measured and unmeasured) shared by siblings that may affect health, such as the socioeconomic status of parents, genetic traits shared by siblings, family structure, as well as neighborhood effects -- corresponding to the first and second terms of the numerator above; the sorting of families into neighborhoods is reflected in the third term.

Augmenting the estimation of sibling correlations with the estimation of neighbor correlations enables us to bound the relative importance of childhood

family and neighborhood factors. To see this, note the neighbor correlation measures the proportion of the variation in health status that can be attributed to factors shared by unrelated individuals from the same neighborhood $\left(\frac{\text{var}(\beta'_t Z_n) + 2 \text{cov}(\beta'_t Z_n, \gamma'_t X_{fn})}{\text{var}(H_{tsfn})} \right)$. The numerator of the neighbor correlation above consists of more than the variance in (effect-weighted) neighborhood characteristics given in the first term. The neighbor correlation should be viewed as an upper bound of the neighborhood influence, since the second term of the numerator due to familial sorting is expected to be positive, leading to an upward bias. If the neighbor correlation is small relative to the sibling correlation, the family effects $(\gamma'_t X_{fn})$ must be the main source of the correlation in health status among siblings.

I then use the estimated sibling and neighbor correlations at the four distinct stages of the life cycle, to construct an age-profile of sibling and neighbor health correlations. The age-profile of sibling and neighbor correlations provides insight into the nature and causes of the evolution of health inequality, and the relative roles of neighborhood and family background.

Health varies with age and gender. Because I did not want the estimates of sibling and neighbor correlations to reflect the influence of either of these two demographic factors, I adjusted for them in the baseline model by including gender and a quadratic specification of age as explanatory variables. Moreover, given that age affects health outcomes and that most same-aged children do not belong to the same family, it is important to control for age in the baseline model. Otherwise, between-family variance could mostly reflect differences between individuals of different ages.

This modeling approach can also more carefully consider the consequences of life cycle bias and implications of measurement error, as has been the case in the related mobility literature that has attempted to estimate permanent income. The picture of the extent of generational income mobility has been shown to be sensitive to the stage of the life-course in which permanent incomes are measured and the number of years of annual income that are averaged to proxy permanent income (Haider and Solon, 2006); there may be an analogous issue for the examination of health status outcomes.

Estimating “Adjusted Neighbor Correlations”. Access to neighborhood identifiers and family characteristics in the same data enables us to tighten the upper bound on the neighborhood effects and also establish a lower bound on the family effects. First, it follows from the discussion above that the upper bound on the neighborhood effects can be made tighter by estimating how much of the child neighbor correlations in health can be explained by the fact that families in a neighborhood tend to be similar as opposed to emanating from neighborhood effects *per se*. I estimate “adjusted neighbor correlations”, which are net of the similarity

arising from childhood neighbors having similar observed family background characteristics.

The extraction of the impact of similar family backgrounds out of the neighbor correlation is performed in two steps. First, following Solon et al. (2000) and Altonji (1988), I estimate the part of $\gamma'_t X_{fn}$ related to observable childhood family characteristics such as parental income, education, family structure, race, child health insurance coverage, birth weight, parental alcohol and cigarette use, parental expectations for child achievement, and housing quality. Let \tilde{X}_{fn} denote the observable subset of family characteristics with associated parameters $\hat{\gamma}$ estimated *within* neighborhoods to ensure the coefficients are not biased by omitted neighborhood variables. The second step involves estimating the between-neighborhood variance in $\hat{\gamma}'_t \tilde{X}_{fn}$, which represents a conservative estimate of $\text{cov}(\beta'_t Z_n, \gamma'_t X_{fn})$ and arises from the fact that similar families tend to cluster in neighborhoods. Subtracting the familial sorting component (i.e., the observable part based on the between-neighborhood variance in $\hat{\gamma}'_t \tilde{X}_{fn}$) from the estimated overall between-neighborhood variance in H_{sfn}^* (represented by $\text{var}(\eta_{000n}) \equiv \sigma_{0n}^2$) yields a closer estimate of the true scope of neighborhood effects as represented by $\text{var}(\beta'_t Z_n)$.

The specific models estimated in these two steps, respectively, are detailed below. I first estimate the following regression; for ease of exposition, here I omit the random effects terms that are included in the estimated model:

$$H_{tsfn}^* = \alpha' Age_{tsfn} + \gamma' \tilde{X}_{\bullet\bullet fn} + \theta' (\overline{\tilde{X}_{\bullet\bullet n}}) + \varepsilon_{tsfn}, \quad (4)$$

where $\tilde{X}_{\bullet\bullet fn}$ is a vector of childhood family background characteristics including: average annual family income-to-needs ratio (based on the five-year average as reported in 1967-1972), parental education, parental family structure, race, child health insurance coverage (as reported in 1967-1972), parental annual expenditures on cigarette and alcohol consumption (based on the five-year average in 1967-1972), indicator for low birth weight, parental connectedness to informal sources of help, parental expectations for child achievement, and housing plumbing and insulation problems. $\overline{\tilde{X}_{\bullet\bullet n}}$ is a vector of the 1968 neighborhood-level means of the same above variables. Inclusion of family-level and neighborhood-level variables measuring the same concepts enables the vector γ of coefficients to capture the within-neighborhood effects of family background characteristics, and ensures the coefficients are not biased by omitted neighborhood variables. This follows from the fact that the neighborhood-level unmeasured factors can only be correlated with

the neighborhood-level mean of the covariates. In combination, the resulting estimates of the effects of family background characteristics can be taken as a conservative estimate of $\gamma'X_{fn}$ in equation (1).

I then estimate the between-neighborhood variance in $\hat{\gamma}'_t\tilde{X}_{fn}$ by estimating a hierarchical random effects model of $\hat{\gamma}'_t\tilde{X}_{fn}$ on neighborhood-level, family-level, and individual-level random effects. I then subtract the estimate of the between-neighborhood variance in $\hat{\gamma}'_t\tilde{X}_{fn}$ from the estimate of the overall between-neighborhood variance in H_{sfn}^* . Dividing the resulting quantity by $\hat{Var}(H_{sfn}^*)$ yields a tighter upper bound on the proportion of $Var(H_{sfn}^*)$ that can be attributed to child neighborhood effects. The estimates of “adjusted neighbor correlation” enable us to ascertain how much of the raw neighbor correlation is due to childhood neighbors having similar (observable) family background characteristics.⁵ The tighter upper bound on neighborhood effects also implies a tighter lower bound on family effects. Specifically, the difference between the sibling correlation and the adjusted neighbor correlation represents a lower bound of the magnitude of the effect of family background on health status. I refer to this as the “adjusted sibling correlation.”

VII. REGRESSION RESULTS

Sibling & Child Neighbor Correlations in Health over the Life Course

The unadjusted sibling and child neighbor correlations of health in childhood through mid-life are presented next. The estimates from the baseline four-level hierarchical random effects model that include only controls for age, year of birth, and gender are presented at four distinct stages of the life cycle (childhood; young adulthood (20-34); ages 35-44; and ages 45-57) in Table 1. The random effects estimates are all significant at each of the childhood neighborhood, family and individual levels. The baseline models measure the overall magnitude of variation at the neighborhood, family, and individual levels over the life course. The sibling and neighbor correlation estimates are based on the decomposition of variance over time into the fraction that lies between neighborhoods, families, and individuals. The age profile of the unadjusted sibling and neighbor correlations calculated from the baseline models are summarized in the first row of Table 2.

⁵ While this approach reduces the upper bound, it only captures the direct effect of neighborhoods on health outcomes. Consider the example where neighborhood factors allowed parents to obtain higher paying jobs, which in turn improved health status of children. In this case, the indirect neighborhood effect that works through employment and wages would be attributed to the family component and not the neighborhood component.

Sibling correlations are large throughout at least the first 50 years of life: the correlation in general health status in childhood is 0.56 and remains high at 0.63 through ages 45-57, suggesting that three-fifths of health disparities in adulthood may be attributed to neighborhood and family background influences. To assess the importance of the shared genetic component of health, I contrast full biological sibling correlations versus sibling correlations for step relations and adoptive ties. I find marginal evidence of an effect of “relatedness” on health status beyond living in the same household and neighborhood, as the standard deviation in adult health between half/adoptive ties is about 30 percent higher than that for full biological siblings. However, small sample sizes of step and adoptive ties prohibit more definitive evidence (see Appendix for further discussion).

Sibling correlations by themselves cannot disentangle how much of the resemblance among siblings in health outcomes is due to the effects of family background compared to the effects of neighborhood background. While the childhood neighbor correlations are smaller than the sibling correlations, they are substantial through middle-age. The childhood neighbor correlation in child health is 0.30; it increases to 0.43 on average during adulthood. Thus, knowing the adulthood health status of a childhood neighbor predicts nearly one-fifth of the adult health status of another childhood neighbor. By comparing the magnitudes of the sibling and neighbor correlations in adulthood health, the results indicate that at least half of the average sibling correlation in adulthood (0.6) may be attributable to neighborhood effects.

Table 1. Health over the Life Course: Importance of Child Neighborhood & Family Background

| (Dependent variable: general health status) | | | | | |
|--|------------------------|------------------------|------------------------|------------------------|------------------------|
| Hierarchical Random Effects Interval Regression Model: 100pt-scale, 100=perfect health | | | | | |
| | Childhood | All Adulthood yrs | Ages 20-34 | Ages 35-44 | Ages 45-57 |
| | (1) | (2) | (3) | (4) | (5) |
| Constant | 90.8154*** (0.0846) | 86.7975*** (0.0797) | 87.1879*** (0.0756) | 84.1733*** (0.1019) | 79.2558*** (0.2123) |
| Age - 30 | | -0.2145*** (0.0021) | -0.1970*** (0.0040) | | |
| Age - 40 | | | | -0.3501*** (0.0034) | |
| Age - 50 | | | | | -0.4146*** (0.0093) |
| Female | -1.6545*** (0.0865) | -0.5559*** (0.0744) | -0.8757*** (0.0760) | -0.5812*** (0.0995) | -0.6245*** (0.1625) |
| Random Effects, Unmeasured (Std Dev) | | | | | |
| Child Neighborhood component | 5.7535*** (0.1267) | 7.3531*** (0.0777) | 6.5621*** (0.0763) | 8.2610*** (0.1025) | 9.5961*** (0.1817) |
| Child Family component | 5.3088*** (0.1235) | 4.0843*** (0.0870) | 3.1935*** (0.1029) | 4.5187*** (0.1315) | 7.0197*** (0.2124) |
| Individual component | 6.9342*** (0.0420) | 7.4047*** (0.0313) | 7.3883*** (0.0335) | 9.0133*** (0.0437) | 9.0402*** (0.0799) |
| Transitory error component | | 6.3373*** (0.0055) | 5.1087*** (0.0065) | 4.5655*** (0.0067) | 5.9360*** (0.0190) |
| Log-likelihood | -144056.62 | -2452537.9 | -1209527 | -906291.68 | -263015.27 |
| Number of counties | 210 | 270 | 270 | 270 | 270 |
| Number of neighborhoods | 934 | 1,428 | 1,388 | 1,224 | 711 |
| Number of families | 1,280 | 1,935 | 1,868 | 1,652 | 923 |
| Number of individuals | 2,316 | 4,705 | 4,405 | 3,483 | 1,507 |
| Number of person-year observations | | 51,082 | 27,349 | 19,256 | 4,477 |

*** p<0.01, ** p<0.05, * p<0.10

Note: Robust standard errors in parentheses and all standard errors are Huber-corrected, clustered on county. All models control for year of birth and column (2) includes controls for (age-30)² and (age-30)³ (coefficients suppressed to conserve space).

“*Adjusted Neighbor Correlations*”. I next examine how much of the child neighbor correlations in health can be explained by the fact that families in a neighborhood tend to be similar as opposed to emanating from neighborhood effects *per se*. From the adjusted neighbor correlation estimates, I find that observable family sorting (controlling for a broad array of family background characteristics described above) does not seem to explain all the resemblance in adulthood health status among individuals who grew up in the same neighborhood. The adjusted neighbor correlation is roughly 10 percent lower than the unadjusted neighbor correlation, suggesting that differences in neighborhood quality during childhood may account for up to 40 percent of adult health disparities.⁶ I show in the next section that child neighbor correlations of this magnitude can imply large effects on subsequent adult health outcomes from changes in children’s neighborhood environment.

However, without access to nationally-representative longitudinal data and the ability to identify the permanent component of health, the transitory component would have been captured in resultant point-in-time estimates, significantly diluting the relevant estimated sibling and child neighbor correlations in health over the life course. This result demonstrates the importance of correcting for measurement error, transitory fluctuations and unrepresentative homogenous samples, and parallels those found in the literature on the permanent component of adult earnings (Solon *et al.*, 1991).

⁶ Robustness of these baseline results on two dimensions was considered. First, I examined alternative specifications of health status: a) the dichotomous variable poor/fair versus good/very good/excellent, and b) the Health and Activity Limitation Index that attributes scores to combinations of self-assessed health and activity functional limitation categories. The overall patterns of the neighbor and sibling correlations were qualitatively similar for these outcomes and the preferred health status measure. I also sought to identify a health status measure that is largely determined by genetic factors. If such an outcome could be identified, one would not expect it to be correlated among neighbors if in fact correlation was not spurious. Height is largely determined by genetic factors and therefore most likely is not causally influenced by neighborhood characteristics. Re-estimating the models with height as the dependent variable, I find that the neighbor correlation is negligible and statistically insignificant, as expected. This suggests that the substantial neighbor correlations for GHS are not due to spurious sorting of individuals with similar characteristics.

Table 2. Sibling and Child Neighbor Correlations in Health Status over the Life Course

| | Childhood | | All Adulthood yrs | | | |
|---|---------------------|----------------------------|---------------------|----------------------------|---------------------|----------------------------|
| | Sibling Correlation | Child Neighbor Correlation | Sibling Correlation | Child Neighbor Correlation | Sibling Correlation | Child Neighbor Correlation |
| Unconditional | 0.5604 (0.0068) | 0.3027 (0.0119) | 0.5634 (0.0046) | 0.4306 (0.0068) | | |
| Adjusted (net of residential sorting of HHs w/similar family bckgrd) | -- | 0.2750 | -- | 0.3991 | | |
| Conditional, control for child family/neighborhood/school factors | 0.5323 (0.0072) | 0.2287 (0.0139) | 0.4256 (0.0057) | 0.2715 (0.0089) | | |
| Conditional, control for child family/neighborhood/school + adult SES | -- | -- | 0.4060 (0.0059) | 0.2559 (0.0090) | | |

| | Age 20-34 | | Age 35-44 | | Age 45-57 | |
|---|---------------------|----------------------------|---------------------|----------------------------|---------------------|----------------------------|
| | Sibling Correlation | Child Neighbor Correlation | Sibling Correlation | Child Neighbor Correlation | Sibling Correlation | Child Neighbor Correlation |
| Unconditional | 0.4938 (0.0055) | 0.3993 (0.0072) | 0.5218 (0.0056) | 0.4017 (0.0079) | 0.6337 (0.0072) | 0.4128 (0.0133) |
| Adjusted (net of residential sorting of HHs w/similar family bckgrd) | | | | | | |
| Conditional, control for child family/neighborhood/school factors | 0.3623 (0.0065) | 0.2621 (0.0090) | 0.3810 (0.0070) | 0.2484 (0.0112) | 0.4700 (0.0104) | 0.2411 (0.0163) |
| Conditional, control for child family/neighborhood/school + adult SES | 0.3355 (0.0067) | 0.2445 (0.0089) | 0.3530 (0.0073) | 0.2273 (0.0113) | 0.4419 (0.0111) | 0.1956 (0.0174) |

Magnitude of Effects of Childhood Family and Neighborhood Factors

What do these correlations mean in terms of the absolute size of the effects of family and neighborhood background (including effects emanating from school quality)? Estimates of the neighborhood random components (σ_n) indicate that childhood neighborhood quality has large, significant, and enduring effects on general health status over the life course. From the unconditional hierarchical random effects models and the estimated adjusted neighbor correlation estimates, I calculate how one would expect an individual's adult health status to change given a one standard deviation change in the index of child family environment and the corresponding predicted change in adult health for a one standard deviation in the index of neighborhood environment. The results suggest that a one standard deviation change in the index of neighborhood environment is equivalent to roughly a 6-, 8-, and 9-point change in the health utility index at ages 20-34, 35-44, 45-57, respectively. This upper bound estimate on the potential scope of child neighborhood/school influences for health trajectories is substantial, as the mean of the index at age 40 is 84.2 and the average year-to-year rate of health deterioration in one's 40s is -0.4 (represented by the annual decline in the index).

I next investigate to what extent observable childhood family-, neighborhood- and school-level characteristics explain the estimated sibling and neighbor correlations at the four stages of the life cycle. Explicitly measuring the magnitude of variation in the effects of unmeasured factors allows an assessment of the importance (quasi- R^2) of the measured variables, X , in total variation at each level (e.g., measured vs. unmeasured neighborhood characteristics). In a subset of models, I include measures of the individual's own economic status in adulthood into the four-level hierarchical random effects model to examine the extent to which the resemblance of childhood neighbors' subsequent health in adulthood may be due to the similarity of their economic status in adulthood. These estimates are only suggestive because of endogeneity between contemporaneous health and SES. The results demonstrate what aspects and sources of current adult health disparities are missed using traditional models that focus on contemporaneous socioeconomic factors, without considering earlier life factors.

Parental income and neighborhood poverty are dimensions of childhood families and neighborhoods that are a key focus of the analysis. Growing up in a neighborhood with concentrated poverty may have consequences above and beyond those of growing up in a poor family because of the absence of positive role models, social isolation, weakened social institutions, unrelenting stress, inferior health care accessibility, and other factors.

I control for parental education, parental health status, birth order, whether child was low birth weight, born into a two-parent family, year of birth, and region of birth. I also use measures of parental expectations of children's educational attainment, residential segregation, parental connectedness to informal sources of

help, parental aspirations/motivation and long-term planning, parental personality, habits and skills that were collected in the early years of the PSID. These factors may themselves be the product of growing up in a high poverty neighborhood and may represent pathways through which exposure to depressed neighborhood environments during childhood affect health trajectories later in life. However, controlling for this myriad of ways in which children who grow up in high poverty neighborhoods may differ from children who grow up in affluent neighborhood environments allows one to generate a more conservative estimate of the effect of child neighborhood poverty itself, as well as shed light on the factors that affect adult health status.

Tables 3 and 4 contain the regression results in childhood and adulthood (ages 20-57), respectively, where the models include the raw age-adjusted race gap (column(1)), control for childhood family characteristics (column(2)), and control for childhood neighborhood, school, and family background characteristics (column (3)). Appendix Tables A2-A4 contain the results estimated separated at three distinct stages of adulthood—young adulthood (ages 20-34), ages 35-44, and ages 45-57—in order to examine the lifecycle profile of effects of childhood conditions. To conserve space, I integrate the discussion of the results contained in Tables 3-4 and Appendix Tables A2-A4 and summarize the sequential set of hierarchical random effects models estimated over the life course. The estimated effects of a one standard deviation change in neighborhood or family environment index provide a useful comparison to discuss effect sizes. One must use caution, however, with drawing causal inferences from these coefficient estimates. The estimates summarize the relationships between the health trajectory over the life course with various dimensions of neighborhood and family background. The robustness of the results for causal inference is examined in detail in the final section of the paper.

The specification that includes the childhood family, neighborhood, and school-related factors is shown in column (3) of Table 4 and Appendix Tables A2-A4 (presented separately by lifecycle stage). The childhood school quality factors are included as controls but suppressed in the tables, since the focus of this paper is on family and neighborhood background. The school quality results are presented in detail in Johnson (2011).

Table 3. Race & SES Differences in Child Health: Importance of Neighborhood & Family Background

(Dependent variable: general health status in childhood)
3-Level Hierarchical Random Effects Interval Regression Model: 100pt-scale, 100=perfect health

| | Uncond'l model | Raw race gap | Controls for Fam bckgrd | Controls for Child Nhood + School + Fam |
|--|-----------------------|------------------------|-------------------------|---|
| | (1) | (2) | (3) | (4) |
| Childhood factors | | | | |
| Black | | -2.6329*** (0.2160) | -0.6334*** (0.2408) | 1.0447*** (0.3246) |
| Non-Hispanic White (reference category) (avg during 1967-1972), spline: | | | | |
| Income-to-needs ratio*ratio is <1 | | | 7.1305*** (0.7724) | 8.8800*** (0.8210) |
| Income-to-needs ratio* ratio is >=1 | | | 0.4271*** (0.0405) | 0.3605*** (0.0414) |
| Parental head's education: | | | | |
| High school dropout | | | -0.3239** (0.1590) | -0.2862* (0.1652) |
| High school graduate (reference category) | | | | |
| College-educated | | | -0.0308 (0.1607) | -0.1198 (0.1634) |
| No Private Child HI coverage, 1968-1972 | | | -1.6476*** (0.2349) | -1.3550*** (0.2375) |
| Low birth weight | | | -2.2641*** (0.1976) | -2.1867*** (0.1967) |
| Mother unmarried at child's birth | | | -0.3647 (0.2322) | -0.2214 (0.2329) |
| Parent smoked cigarettes at some point, 1968-1972 | | | -1.1010*** (0.1411) | -1.0828*** (0.1416) |
| Parental annual alcohol expenditures (in \$100's), 5-year average 1968-1972 | | | -0.0310*** (0.0107) | -0.0323*** (0.0109) |
| Child Neighborhood factors | | | | |
| % of childhood yrs lived in low poverty neighborhood | | | | 1.6998*** (0.2184) |
| High crime neighborhood | | | | -1.3155*** (0.1589) |
| Residential segregation dissimilarity _{county} , 1970 | | | | 0.0753 (0.0762) |
| Residential segregation dissimilarity index*Black | | | | -0.3421 (0.5368) |
| Parental low expectations for child achievement | | | | -1.1001*** (0.2614) |
| College-bound expectations (ref category) | | | | |
| Neighborhood low expectations for child achievement | | | | -0.3132 (0.2601) |
| N'hood connectedness to informal sources of help | | | | 0.2996** (0.0564) |
| Neighborhood plumbing problems | | | | -0.3093 (0.2655) |
| Neighborhood housing insulation problems | | | | -2.3002*** (0.2608) |
| Random Effects, Unmeasured (Std Dev) | | | | |
| Childhood Neighborhood component | 5.7535*** (0.1267) | 5.4938*** (0.1352) | 5.0989*** (0.1468) | 4.8133*** (0.1557) |
| Childhood Family component | 5.3088*** (0.1235) | 5.4387*** (0.1250) | 5.4517*** (0.1279) | 5.5460*** (0.1284) |
| Individual component | 6.9342*** (0.0420) | 6.9378*** (0.0421) | 6.9369*** (0.0421) | 6.8838*** (0.0420) |
| Log-likelihood | -144056.62 | -143969.29 | -143573.02 | -143220.03 |
| Number of counties | 210 | 210 | 210 | 210 |
| Number of neighborhoods | 934 | 934 | 934 | 934 |
| Number of families | 1,280 | 1,280 | 1,280 | 1,280 |
| Number of individuals | 2,316 | 2,316 | 2,316 | 2,316 |

*** p<0.01, ** p<0.05, * p<0.10

Note: All models include a constant and controls for year of birth, gender, and columns (3) and (4) control for birth order and include indices intended to capture parental aspirations/motivation and long-term planning horizon (rate of time preference proxy); and column (4) includes dummy indicators for expectations of child achievement that were in between "low" and "college-bound" expectations and also includes the following controls for child school quality: school segregation dissimilarity index interacted with race, school district per-pupil spending, and class size (coefficients suppressed to conserve space).

Comparing the estimates in column (3) with those in column (2) and the descriptive results shows the bias that occurs when estimating either the direct effects of child neighborhood factors on adult health without controlling for family background characteristics or the direct effects of child family characteristics that omit neighborhood characteristics. Controlling for neighborhood and school characteristics reduces the estimated health effects at ages 35-44 of parental income among those who grew up in poor and middle-class families by between 40-60 percent (as shown in column (2)-(3) of Appendix Table A3, spline specification coefficient estimates on income-to-needs ratio change from 1.35 to 0.54 when in the range below the poverty line; and change from 2.16 to 1.32 when the income-to-needs ratio is in the range of 1-3). Similarly, all the child neighborhood coefficients decline significantly when family background controls are included (the models that include neighborhood variables without family variables are not shown). However, the estimated effects of various dimensions of neighborhoods remain large and significant with the inclusion of the extensive set of family background factors. Similarly, the effects of various dimensions of family background remain significant with the inclusion of the extensive set of child neighborhood characteristics.

The joint hypothesis that the neighborhood factors are empirically unimportant is clearly rejected; the *F*-statistic yields a *p*-value less than 0.01. Most of the effect of child neighborhood quality is due to three factors: concentrated neighborhood poverty, high crime, and poor housing quality. I find that blacks who grew up in more segregated neighborhoods and schools had significantly worse health in adulthood, both compared with whites and compared with blacks who grew up in areas where racial neighborhood and school segregation was less extreme.

Gaps in health between blacks and whites are large and exist at all stages in life. As shown in column (2) of Table 3 and column (1) of Table 4 (and Appendix Tables A2-A4), respectively, the general health status (GHS) index in childhood is 2.6 points lower for blacks, and this gap increases in levels and in proportionate terms in adulthood. A useful way to interpret the estimate is in relationship to the size of the effect of age on health, with the race gap by middle-age equivalent to blacks (on average) reaching a level of health deterioration about 20 years prior to their white counterparts. That is, GHS is 9.3761 points lower for black adults at ages 45-57 (column (1) of Appendix Table A4), which is equal to roughly 20 years evaluated at an effect of age of -0.4146.

The raw black-white gap in health status during ages 35-57 is equivalent to about a one standard deviation change in the index of child neighborhood environment. For these birth cohorts, average childhood family and neighborhood environments between blacks and whites differ by as much as one standard deviation of the family/neighborhood environment index.

Table 4. Race & SES Differences in Adult Health (Age 20-57): Importance of Neighborhood & Family Background

(Dependent variable: general health status in adulthood)

4-Level Hierarchical Random Effects Interval Regression Model: 100pt-scale, 100=perfect health

| | Raw race gap | Controls for Fam bckgrd | Controls for Child Nhood + School + Fam | Only Adult Nhood + SES | Child bckgrd + Adult SES |
|---|--------------|-------------------------|---|------------------------|--------------------------|
| | (1) | (2) | (3) | (4) | (5) |
| Childhood factors | | | | | |
| Black | -6.5151*** | -2.6961*** | -0.4129* | -5.3799*** | -0.9870*** |
| Non-Hispanic white (reference category) | (0.1874) | (0.1943) | (0.2428) | (0.1703) | (0.2334) |
| Family income-to needs ratio | | | | | |
| Income-to-needs ratio*ratio is <1 | | 3.2709*** | 3.7694*** | | 2.8009*** |
| | | (0.6388) | (0.6395) | | (0.6083) |
| Income-to-needs ratio* ratio is 1 to 3 | | 2.0318*** | 1.2958*** | | 0.7896*** |
| | | (0.1018) | (0.1022) | | (0.0981) |
| Income-to-needs ratio* ratio is >3 | | 0.4609*** | 0.3531*** | | 0.2996*** |
| | | (0.0437) | (0.0424) | | (0.0407) |
| Parent head's education: | | | | | |
| High school dropout | | -2.3852*** | -1.6221*** | | -1.2208*** |
| High school graduate (reference category) | | (0.1341) | (0.1324) | | (0.1271) |
| College-educated | | 0.7565*** | 0.4134*** | | -0.0650 |
| | | (0.1413) | (0.1385) | | (0.1345) |
| No Private Child HI coverage, 1968-1972 | | -1.5283*** | -1.2287*** | | -1.1720*** |
| | | (0.1811) | (0.1772) | | (0.1706) |
| Low birth weight | | -2.3272*** | -2.1575*** | | -1.7826*** |
| | | (0.1741) | (0.1718) | | (0.1672) |
| Mother unmarried at child's birth | | -1.9316*** | -1.9897*** | | -1.9096*** |
| | | (0.1817) | (0.1233) | | (0.1185) |
| Parent smoked cigarettes at some point, 1968-1972 | | -0.6190*** | -0.4184*** | | -0.2774** |
| | | (0.1199) | (0.1162) | | (0.1117) |
| Parental annual alcohol expenditures (in \$100's), 5-year average 1968-1972 | | -0.0516*** | -0.0329*** | | -0.0316*** |
| | | (0.0085) | (0.0083) | | (0.0079) |
| Child Neighborhood factors | | | | | |
| Neighborhood poverty rate (1970), spline: | | | | | |
| Low poverty neighborhood (ref category) | | | | | |
| Medium poverty neighborhood | | | -3.4528*** | | -3.0306*** |
| | | | (0.2164) | | (0.2036) |
| (Neighborhood poverty rate - 20)* rate 10 to 30% | | | -2.5216*** | | -2.0164*** |
| | | | (0.3076) | | (0.2933) |
| High poverty neighborhood | | | -3.6740*** | | -3.1042*** |
| | | | (0.3414) | | (0.3231) |
| High crime neighborhood | | | -0.8406*** | | -0.6532*** |
| | | | (0.1316) | | (0.1239) |
| Residential segregation dissimilarity _{county} , 1970 | | | -0.1763*** | | -0.1417** |
| | | | (0.0636) | | (0.0607) |
| Residential segregation dissimilarity index*Black | | | -1.2828*** | | -1.0038*** |
| | | | (0.4017) | | (0.3822) |
| Parental low expectations for child achievement | | | -2.0113*** | | -1.7452*** |
| College-bound expectations (ref category) | | | (0.1993) | | (0.1854) |
| N'hood low expectations for child achievement | | | -1.9121*** | | -1.2766*** |
| | | | (0.1860) | | (0.1695) |
| N'hood connectedness to informal sources of help | | | 0.6308*** | | 0.6505*** |
| | | | (0.0421) | | (0.0397) |
| Neighborhood plumbing problems | | | -1.9631*** | | -1.7327*** |
| | | | (0.2074) | | (0.1971) |
| Neighborhood housing insulation problems | | | -1.7496*** | | -1.6664*** |
| | | | (0.2059) | | (0.1952) |
| Parental health status | | | | | |
| Proportion of 60s mother in fair/poor health | | | -3.8133*** | | -3.4163*** |
| | | | (0.1766) | | (0.1699) |
| Proportion of 60s father in fair/poor health | | | -0.5050** | | -0.1590 |
| | | | (0.2001) | | (0.1917) |

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Table 4 (cont'd). Race & SES Differences in Adult Health (Age 20-57): Importance of Neighborhood & Family Background

(Dependent variable: general health status in adulthood)
4-Level Hierarchical Random Effects Interval Regression Model: 100pt-scale, 100=perfect health

| | Raw race gap (1) | Controls for Fam bckgrd (2) | Controls for Child Nhood + School + Fam (3) | Only Adult Nhood + SES (4) | Child bckgrd + Adult SES (5) |
|---|-----------------------|--------------------------------|--|-------------------------------|---------------------------------|
| Adulthood SES | | | | | |
| Neighborhood poverty rate, spline: | | | | | |
| Low poverty neighborhood (reference category) | | | | | |
| Medium poverty neighborhood | | | | -0.2418*** (0.0336) | -0.2339*** (0.0326) |
| (Neighborhood poverty rate - 20)* rate is 10 to 30% | | | | -0.2990*** (0.0372) | -0.2524*** (0.0343) |
| High poverty neighborhood | | | | -0.2215*** (0.0592) | -0.1640*** (0.0592) |
| Educational attainment: | | | | | |
| High school dropout | | | | -4.1767*** (0.1365) | -3.1097*** (0.1375) |
| High school graduate (reference category) | | | | | |
| Some college | | | | 2.0647*** (0.0940) | 1.4020*** (0.0947) |
| College graduate or higher | | | | 3.8057*** (0.1035) | 2.5659*** (0.1089) |
| Family income-to needs ratio, spline: | | | | | |
| Income-to-needs ratio* ratio is <2 | | | | 0.1735*** (0.0233) | 0.1719*** (0.0233) |
| Income-to-needs ratio* ratio is 2 to 4 | | | | 0.2586*** (0.0152) | 0.1954*** (0.0143) |
| Income-to-needs ratio* ratio is >4 | | | | 0.0204*** (0.0018) | 0.0211*** (0.0018) |
| No annual earnings | | | | -3.9736*** (0.0538) | -4.0089*** (0.0537) |
| No annual earnings*Female | | | | 2.3221*** (0.0646) | 2.3612*** (0.0645) |
| Random Effects, Unmeasured (Std Dev) | | | | | |
| Childhood Neighborhood component | 6.7102*** (0.0825) | 5.6001*** (0.0894) | 5.1556*** (0.0950) | 5.7841*** (0.0801) | 4.8134*** (0.0939) |
| Childhood Family component | 4.2435*** (0.0884) | 4.1678*** (0.0903) | 3.8833*** (0.0982) | 3.6063*** (0.0919) | 3.6853*** (0.0978) |
| Individual component | 7.4303*** (0.0316) | 7.4708*** (0.0320) | 7.4985*** (0.0323) | 7.3274*** (0.0317) | 7.3330*** (0.0319) |
| Transitory error component | 6.3373*** (0.0055) | 6.3377*** (0.0055) | 6.3379*** (0.0055) | 6.3054*** (0.0055) | 6.3069*** (0.0055) |
| Log-likelihood | -2451929 | -2450393.3 | -2449445.5 | -2445640.7 | -2444400 |
| Number of counties | 270 | 270 | 270 | 270 | 270 |
| Number of neighborhoods | 1,428 | 1,428 | 1,428 | 1,428 | 1,428 |
| Number of families | 1,935 | 1,935 | 1,935 | 1,935 | 1,935 |
| Number of individuals | 4,705 | 4,705 | 4,705 | 4,705 | 4,705 |
| Number of person-year observations | 51,082 | 51,082 | 51,082 | 51,082 | 51,082 |

*** p<0.01, ** p<0.05, * p<0.10

Note: All models include a constant and controls for age, age squared, age cubed, gender, year of birth, and columns (2)-(3) and (5) include controls for region of birth, birth order and indices intended to capture parental aspirations/motivation and long-term planning horizon (rate of time preference proxy); and columns (3) and (5) include dummy indicators for expectations of child achievement that were in between "low" and "college-bound" expectations and also include the following controls for child school quality: school segregation dissimilarity index interacted with race, school district per-pupil spending, and class size (coefficients suppressed to conserve space). To facilitate interpretation of marginal effects, I converted the units of county racial residential segregation dissimilarity index so that a 1-unit change represents a 10-point change in the dissimilarity index. Similarly, a one-unit change in the spline specification for neighborhood poverty represents a 10-point change (e.g., change in neighborhood poverty rate from 10% to 20%).

The estimates in column (4) of Table 3 and column (3) of Table 4 imply that black-white disparities in child and adult health would not exist (or would be small) were it not for differences in childhood family, neighborhood and school quality factors between the racial groups (e.g., after controlling for both childhood family, and neighborhood and school quality factors, the black-white health gap is completely eliminated in childhood and is reduced by between 80-100 percent during adulthood).

Most prominent among the family background factors is family income, with substantially larger impacts in the lower tail of the distribution highlighting the negative effects of child poverty. For example, the results in column (3) of Appendix Table A4 indicate that a one-unit increase in the family income-to-needs ratio from half of the poverty line to 1.5 times the poverty line translates into a 6.4 point increase in adult GHS at ages 45-57 ($0.5 \times 11.5555 + 0.5 \times 1.3056$), which is equivalent to 15 years younger. Parental education, child health insurance coverage, and low birth weight are each strongly associated with adult health. These findings parallel those reported in Johnson and Schoeni (2011) for men.

Most salient among the childhood neighborhood factors is neighborhood poverty. Children who grow up in low poverty neighborhoods have a 1.698 higher child health index, relative to children who did not spend any years in such neighborhoods. An increase in the childhood neighborhood poverty rate from 10 to 20 percent is related to about a 3-point reduction in GHS in middle-age, and growing up in a high poverty neighborhood corresponds with a 9-point lower GHS score at ages 45-57, relative to being raised in a low poverty neighborhood.⁷ This latter effect is equivalent to reaching a level of health deterioration roughly 22 years sooner for an individual raised in a high poverty compared to a low poverty neighborhood. For purposes of causal inference, the robustness of this result to alternative thresholds of selection on unobservables is analyzed in the following section.

Other dimensions of childhood neighborhood disadvantage had substantive, independent influences on the health trajectory, including high crime, parental and neighborhood-level average expectations for child achievement, neighborhood connectedness to informal sources of support (which may serve as a proxy for social cohesion), and neighborhood housing problems. These factors have stronger relationships with health over time, with stronger links to adulthood health than childhood health and stronger links to health in middle-age relative to young adulthood; evidence suggestive that the linkages may be the result of how they

⁷ To facilitate interpretation of marginal effects, I converted the units of county racial residential segregation dissimilarity index so that a 1-unit change represents a 10-point change in the dissimilarity index. Similarly, a one-unit change in the spline specification for neighborhood poverty represents a 10-point change (e.g., change in neighborhood poverty rate from 10% to 20%).

influence the socioeconomic mobility process.⁸ This age pattern also emerges for the relationship of childhood residential segregation and health among blacks. For example, as shown in column (3) of Appendix Table A4 for health status at ages 45-57, growing up in a high crime neighborhood reduces GHS by 2.4 points; both low parental expectations and neighborhood-level low expectations for child achievement are both independently associated with about a 3 point lower GHS (relative to college-bound expectations); neighborhood housing plumbing and insulation problems are each associated with about a 3.9 lower GHS; and for blacks, a 10-point increase in the black-white dissimilarity index is related to a 5.8 point reduction in GHS (independent of school segregation). Johnson (2008) demonstrates these factors also significantly influence mobility prospects, and explain part of black-white differences in rates of upward mobility from poor families. Taken together, the cumulative set of childhood family, neighborhood and school quality factors account for more than half of the neighborhood-level variance during adulthood (implied quasi- R^2 at the neighborhood level). That these measures account for less of the family-level variance may be the result of the fact that family-level influences include genetic/hereditary risk factors.

Parental health status may influence their offspring's subsequent adult health status due to inherited susceptibility to health problems, lower quality care of sick parents, or common socioeconomic factors across generations. In column (3) of Table 4, I include parental health status measures. The results discussed above are robust with and without the inclusion of these measures and demonstrate a significant intergenerational association of adult health status, independent of childhood factors. The results indicate that mother's health is more strongly associated with their offspring's adult health than is father's health.⁹ The adult health status of individuals whose mothers were in fair or poor health throughout their 60s exhibited 4-5 point lower GHS scores, on average, relative to those whose mothers were in good health during their 60s. The magnitudes of the estimated effects of childhood neighborhood and family background factors largely persist with the inclusion of parental health status.

⁸ I control for year of birth, as it is important to distinguish these life cycle effects from birth cohort effects. I find the same age pattern emerges when I restrict the sample to the subset of individuals who were born in the 1950s for whom we observe health in one's 30s, 40s, and into the 50s; this robustness check was performed to ensure the estimated age profile of effects was not instead capturing birth cohort effects.

⁹ The parental health status measures included are the proportion of years spent when the parent(s) were in their 60s and in fair or poor health (based on self-reports of GHS). These ages correspond to years in life when rates of health deterioration typically begin to accelerate and for which parental health status information in the PSID is most plentiful for this older cohort. Similar results were found when alternatively using parental health status measured in their 50s. Dummy indicators are included in these models for missing information on parental health status.

A substantial literature has investigated whether contemporaneous economic factors can account for the racial disparities in adult health. In column (4) of Table 4 (and Appendix Tables A2-A4), I re-examine this issue and find that over eighty percent of the black-white gap in health status remains after accounting for adult socio-economic factors (e.g., -6.5 in column (1) in comparison to -5.4 in column (4) of Table 3). This finding is similar to prior studies as reviewed by Wenzlow, Mullahy, and Wolfe (2004) and found in Johnson and Schoeni (2011).

The final model includes all childhood family, neighborhood and school quality factors as well as contemporaneous adult socioeconomic status measures (adult neighborhood poverty rate, educational attainment, adult family income and earnings). As shown in column (5) of Table 4 (and Appendix Tables A2-A4), the racial differences in adult health can be accounted for by childhood family, neighborhood and school quality factors, while contemporaneous economic factors account for relatively little of this gap. Educational attainment was the main adult factor associated with adult health, while contemporaneous adult neighborhood poverty was only weakly related. The coefficient estimates on the childhood family, neighborhood and school quality factors are reduced to some extent with the inclusion of the adult socioeconomic measures, but the childhood factors remain large and significant.

Because there is potential causation running in both directions—from income to health and vice-versa—we cannot disentangle from this analysis how much income affecting health contributes to this overall relationship. Separately identifying the causal pathways through which income affects health and health affects income over the life course has proven to be extremely difficult and is beyond the scope of this paper, but remains an important area for future research (Adda et al., 2003).

As aforementioned, Table 2 presents the sibling and child neighbor correlations in health status over the life course as estimated from these hierarchical random effects models, for the unconditional, adjusted, and conditional model estimates after controlling for childhood factors and adult socioeconomic status. As summarized, the unadjusted child neighbor correlation in adulthood health is about 0.4 and the “adjusted neighbor correlation” shows that the neighbor correlations were not driven by similarity of family background characteristics, but they reflect the combined influence of neighborhood and school quality effects. As well, after controlling for observable neighborhood, school, and family background factors, the similarity of childhood neighbors’ adult health outcomes is less marked, and is estimated at between 0.24 and 0.27. The sibling correlation in adult health is roughly 0.6, and after controlling for the set of observable neighborhood, school, and family background factors, the similarity of siblings’ health in adulthood is reduced to roughly 0.4. The broad array of available measures of child family and neighborhood characteristics, which are unique to the PSID, is a tremendous asset.

Sensitivity Analysis of Effects of Childhood Neighborhood Poverty

I conduct a sensitivity analysis to test the robustness of the estimated effects of childhood neighborhood poverty to selection bias due to an omitted variable. The goal is to assess how the point estimate and confidence interval of the effect of neighborhood poverty change under the presence of selection bias of varying strengths. I use a novel empirical approach recently proposed by Altonji et al. (2005) and Krauth (2006). This sensitivity analysis allows one to determine the threshold of selection on unobservables, if any, at which neighborhood poverty during childhood no longer has a significant effect on adult health. The approach uses the statistical relationship between observed explanatory variables as a guide to generate plausible estimates about the relationship between observed and unobserved variables. The sensitivity parameter, θ , can be defined as

$$\text{corr}(X_k, u) = \theta \text{corr}(X_k, X\beta - X_k\beta_k),$$

where θ indexes the magnitude of the correlation between observables and unobservables relative to the analogous correlation among observables themselves. In other words, the correlation between the neighborhood poverty rate and the (effect-weighted) unobservables is proportional to the correlation between the neighborhood poverty rate and the effect-weighted observables. The standard exogeneity assumption is the special case of $\theta=0$. This approach provides a way to construct bounds on the effect of neighborhood poverty during childhood on adult health based on the bounds one places on the sensitivity parameter θ (i.e., the relative correlation).

Altonji et al. (2005) argue that if the observable determinants of an outcome are truly just a random subset of the complete determinants, selection on observable characteristics must be equal to selection on unobservables. Because the PSID was conducted to study family background factors that affect well-being, we would expect selection on observables to be greater than selection on unobservable factors. In other words, the extensive measures of family and neighborhood background captured in the PSID are likely to be the most important determinants of adult health. Thus, estimates obtained under the assumption of equal selection will be biased downwards.

Table 5. Estimated Effect of Child Neighborhood Poverty Rate on Adult Health for a Proportional Correlation Model with Varying Values of the Relative Correlation

| Relative Correlation | Estimated Effect of 10-percentage point increase in Childhood Neighborhood Poverty Rate |
|----------------------|---|
| 0 (exogeneity) | -4.1774*** (0.0972) |
| 0.2 | -4.4727*** (0.1787) |
| 0.4 | -5.9051*** (0.5777) |
| 0.8 | -8.2675*** (0.5708) |
| 1 | -10.1697*** (0.2658) |

Thus far, I have assumed exogeneity in child neighborhood residence. I now evaluate the robustness of these results to deviations from exogeneity. Table 5 presents the range of estimated coefficients and standard errors on childhood neighborhood poverty as a function of the ratio of selection on unobservables to selection on observables. I find that the effect of child neighborhood poverty on health status later in life remains large and significant even with a reasonably large amount of selection on unobservables. Even if the correlation between neighborhood poverty and unobserved outcome-relevant factors was assumed to be equal to the correlation between neighborhood poverty and observed-relevant factors, this does not eliminate the significant effect of child neighborhood poverty on health status later in life.

**Table 6. Distribution of Health Status at Age 40
by Percentile of Childhood Neighborhood Background Component**

| Child Neighborhood Percentile | Distribution of Adult Health Status Attainment (proportion falling within specified percentile range) | | | | | | |
|-------------------------------|--|-------|-------|-------|-------|-------|--------|
| | 0-10 | 10-20 | 20-40 | 40-50 | 50-60 | 60-80 | 80-100 |
| | 10 | 0.27 | 0.21 | 0.28 | 0.09 | 0.06 | 0.07 |
| 20 | 0.17 | 0.18 | 0.30 | 0.11 | 0.09 | 0.12 | 0.04 |
| 40 | 0.07 | 0.12 | 0.26 | 0.13 | 0.12 | 0.20 | 0.10 |
| 60 | 0.03 | 0.07 | 0.20 | 0.12 | 0.13 | 0.26 | 0.19 |
| 80 | 0.01 | 0.03 | 0.12 | 0.09 | 0.11 | 0.30 | 0.35 |

The final simulation builds on the intergenerational mobility literature and involves estimating the distribution of health status at age 40 by the percentile of the childhood neighborhood background component (which includes effects of school quality). These are based on the results from the hierarchical random effects model estimates of adult health. Table 6 displays the probability that an individual's health status at age 40 lies within the specified percentile ranges as a function of the percentile of their childhood neighborhood background component. The estimates are based on the assumption that the neighborhood, family, and individual-level components of adult health are normally distributed. The estimates indicate that a child who grows up in a neighborhood at the 10th percentile of the neighborhood quality distribution has roughly a 0.3 chance of falling in the bottom decile of the adult health distribution and has only a 0.15 chance of rising above the median.

VIII. DISCUSSION AND CONCLUSION

This paper provides comprehensive evidence that expands our understanding of the extent and ways childhood family and neighborhood quality factors influence later-life health outcomes. I used correlations based on a nationally representative longitudinal sample of siblings and neighbors to estimate bounds on the possible causal effects of family and neighborhood background on general health status in childhood through mid life. Estimates based on four-level hierarchical random effects models show a significant scope for both family background (whether emanating from nature or nurture) and for neighborhood background (including school quality). While the within-family resemblance in adult health is significantly stronger than the within child neighbor resemblance, the child neighbor resemblance is substantial. The estimates indicate that three-fifths of adult health disparities may be attributable to family and neighborhood background, and suggest that disparities in neighborhood background account for between one-third and 40 percent of the variation in health status in mid life. The neighbor correlations should be interpreted as upper bounds of the scope of neighborhood/school influences on subsequent health trajectories.

Research on how neighborhood and family background influence later-life health is one with potential endogeneity issues that are not amenable to the usual microeconomic corrections through use of fixed effect approaches, and for which the extant experimental evidence is likely too short a time horizon to detect effects on overall health status. Instead of attempting to remove or avoid selection bias caused by unobserved factors, the methods employed in this paper assess how the presence of varying levels of selection bias would alter conclusions about the effect of growing up in a high poverty neighborhood on adult health. The results reveal

that even a large amount of selection on unobservable factors does not eliminate the significant effect of child neighborhood poverty on adult health status.

Childhood neighborhood quality factors play important roles in the intergenerational transmission of health status and influence both contemporaneous and future health outcomes (in part through their influence on the socioeconomic mobility process). I find that growing up in a neighborhood with concentrated poverty substantially increases the likelihood of having problematic health at mid life, and I document how neighborhood quality influences later-life health in ways that cannot be reduced to the characteristics of the individuals and families themselves.

In the analyses, careful attention is given to the role of observable characteristics and unobserved heterogeneity. The magnitude of the estimated effects of some dimensions of neighborhood quality is larger than estimates reported in previous research and, taken together, are larger than the impact of increasing parents' income by a comparable amount. The fact that there is growing evidence that sibling and child neighbor correlations in adult socioeconomic attainments are lower in Nordic countries (Raaum et al., 2006; Björklund et al., 2002) also suggests that generational mobility may be influenced by institutional differences or policy interventions, which may have health implications. Further research on the effects of particular neighborhood characteristics is warranted to identify the causal mechanisms through which concentrated neighborhood poverty effects operate.

Racial differences in adult health can be accounted for by childhood family, neighborhood, and school quality factors, while contemporaneous economic factors account for relatively little of this gap. These results challenge future research to further our understanding of the underlying processes that produce health disparities between different racial, ethnic, and socioeconomic groups. The results indicate that both family background and neighborhood quality during childhood serve as primary gatekeepers of the intergenerational transmission of adult health status and play a large role in producing racial health disparities.

To fully assess the policy implications of this research, we need a better understanding of the pathways through which families, neighborhoods, and schools affect health. Peer group effects, role model effects, and contextual-complementarity effects each represent distinct influences under the umbrella of neighborhood effects, and each has different policy implications. This paper has focused on quantifying the potential overall magnitude of family, neighborhood, and school effects. Disentangling the causal sources of neighborhood effects is difficult (Manski, 1993; Moffitt, 2001), but investigation into the precise mechanisms of why neighborhoods matter is an important next step for future research.

Appendix

PSID sample

The sample consists of PSID respondents who were children when the study began and who have been followed into adulthood; they were born between 1949 and 1968 and were between 0 and 18 years old in 1968. I obtain all available information on them for each wave, 1968 to 2005. In 2005, the oldest respondent is 57 and the youngest is 37.

The first wave of PSID interviewing in 1968 included 2,856 families containing 8,710 children 0-18 years old. 167 of these children died by 2005. These individuals are included in the analyses for the years they are observed alive. Any selective attrition with respect to mortality is likely to lead to an understatement of the impact of adverse childhood conditions, if those who suffer premature death disproportionately grow up in the more disadvantaged childhood family and neighborhood environments. I estimated mortality models, but there were too few deaths to precisely estimate any relationships. Of these 8,710 children, 5,628 had at least one valid report of health status in adulthood. Adult GHS is based on reports for PSID heads and wives/"wives" (1984-2005) as well as all family members in 1986. A small minority of respondents lacked valid addresses and were not able to be matched to neighborhoods in the geocode file—these cases were disproportionately located in rural areas. The selection criteria maximize the number of adult person-year observations of adult health and, in the vast majority of cases, child neighbors grew up within eight years of one another.¹⁰ The resultant sample used in the analyses contains 4,705 individuals that came from 1,935 different childhood families, 1,428 neighborhoods, and 270 counties. Data are combined across all waves for each person, and in total there are 51,082 person-year observations, or an average of 11 observations per person, for the analyses of adult health.

While the decline in the initial sample of 46 percent is substantial, it is low given the long period over which these children and their families are followed. For example, among the 17,287 newborns participating in the 1970 British birth cohort sample, 6,454 (37 percent) were not interviewed (i.e., were not in the "observed sample") in 1999/2000 when they were 30 years old. Moreover, studies have concluded that the PSID sample of heads and wives remains representative of the national sample of adults (Fitzgerald, Gottschalk, and Moffitt, 1998a; Beckett et al, 1988), and that the sample of "split offs" is representative (Fitzgerald, Gottschalk

¹⁰ The selection criteria was guided by both sample size considerations as well as the need to ensure the resulting sample comprised children who grew up in neighborhoods during comparable periods (e.g., I did not want to compare adult outcomes of neighboring children who were more than eight years apart, as neighborhood change over the period could cause child neighbor correlations to be downwardly biased).

and Moffitt, 1998b). The 95-98% wave-to-wave response rate of the PSID makes this possible.

Table A0 contains a summary of the variable definitions and data sources of all key measures used in the analyses, the year(s) of data collection, and the relevant survey questions used to construct these measures. Table A1 reports descriptive statistics for the samples used in the models of adult health status both for the full sample and separately by race. The substantial race differences in childhood family and neighborhood characteristics are highlighted in this table.

Income is the total for the family in which the child lives, and it is measured from the five-year average for the years 1967-1972. All dollar values are expressed in 1997 dollars using the CPI-U. The parental income measure is specified as the income-to-needs ratio and I explore nonlinearities in effects at the bottom of the income distribution (child poverty).

Child health insurance coverage is measured through information collected in the first five waves of the PSID (1968-1972) on whether the parent (head of household) had access to private health insurance coverage and if so, whether the entire family was covered. I include an indicator variable defined as lack of private health insurance coverage in childhood years during 1968-1972. Lack of private health insurance may discourage preventive medical care use. For those who lacked private coverage for their children, the data suggest that public health insurance coverage was utilized to some extent, but there were not enough individuals in the sample who persistently lacked public and private insurance during these childhood years to define “no public or private insurance during childhood” as an additional category.

The parental health status measures included are the proportion of years spent when the parent was in their 60s in which they were in fair or poor health (based on self-reports of general health status). These ages correspond to years in life when rates of health deterioration typically begin to accelerate and for which parental health status information in the PSID is most plentiful for this older cohort. Similar results were found when alternatively using parental health status measured in their 50s. Dummy indicators are included in all regression models for missing information on parental health status.

Data Appendix Table A0.

| Measures | Data Source | Year(s) collected | Survey Question | Definition |
|--|---|--|--|--|
| General Health Status | PSID | Adulthood:1984-2005; Childhood (retrospective): 1999/2001 | "Would you say your health in general is excellent, very good, good, fair, or poor?" | -- |
| Parental Health Status | PSID | Measured during parent's ages 50s and 60s (1984-2005). | "Would you say your health in general is excellent, very good, good, fair, or poor?" | Proportion of years when parent was in 50s and 60s in which they were in fair/poor health |
| Neighborhood Poverty Rate | 1970-2000 Census | Child neighborhood: 1970 Census; Adult neighborhood: 1980-2000 (linearly interpolate for non-census years) | PSID respondent's residential location (1968-2005) matched to decennial census tract info | low poverty neighborhood (<10% poor); medium poverty neighborhood (10-30%); high poverty neighborhood (>30%) |
| Childhood Racial Residential Segregation | 1970 Census | 1970 Census | Black-white dissimilarity index _{county} : b_{it} & w_{it} = # of black & white individuals in neighborhood i at time t ; B_t & W_t = total # black & white individuals in county. | $\frac{1}{2} * \sum_{i=1}^n \left \frac{b_{it}}{B_t} - \frac{w_{it}}{W_t} \right $ |
| Childhood Economic Residential Segregation | 1970 Census | 1970 Census | Poverty status dissimilarity index _{MSA} : p_{it} & r_{it} = # of poor & non-poor families in neighborhood i at time t ; P_t & R_t = total # poor & non-poor families in MSA. | $\frac{1}{2} * \sum_{i=1}^n \left \frac{p_{it}}{P_t} - \frac{r_{it}}{R_t} \right $ |
| Childhood Neighborhood/Housing Quality | PSID | 1975 | Parental self-reports: whether there exist plumbing or insulation problems, or burglary, robbery, assault, drug use problems, or too few police in neighborhood in which they live. | High crime neighborhood=avg response among all PSID households who live in same neighborhood report major crime-related problems; housing insulation/plumbing problems=avg response among all PSID households who live in same neighborhood report insulation/plumbing problems. |
| Parental/neighborhood Expectations for Child Achievement | PSID | 1968-1972 | Parental self-reports: "How much education do you think your children will have when they stop going to school? What do you really think will happen?" | low expectations=may not finish high school; college-bound expectations (ref. cat). Neighborhood-level measures obtained by computing avg response among all PSID HHs who live in same neighborhood. |
| Parental/neighborhood Connectedness to informal sources of support | PSID | 1968-1972 | Index (0-9) of Connectedness to Potential Sources of Help (constructed from survey responses): Attends church once a month or more; # of neighbors known by name; Has relatives within walking distance; Goes to organizations once a month or more (PTA mtg). | Neighborhood-level measures obtained by computing avg index score based on responses among all PSID HHs who live in same neighborhood. |
| Child School quality | Office of Civil Rights (OCR) School data; Common Core data of NCES; Census of Governments | 1962-1982 | PSID respondent's residential location during school-age years matched to school resource data | School district per-pupil spending; avg class size; school segregation |

Table A1. Descriptive Statistics by Race

| | All (N=4,705) | Black (N=2,213) | White (N=2,413) |
|---|------------------|--------------------|--------------------|
| Adult Health Status: | | | |
| Excellent | 0.26 | 0.20 | 0.30 |
| Very Good | 0.35 | 0.29 | 0.39 |
| Good | 0.29 | 0.36 | 0.24 |
| Fair | 0.09 | 0.13 | 0.05 |
| Poor | 0.02 | 0.03 | 0.01 |
| Age (range: 20-57) | 34.8 | 34.8 | 34.8 |
| Year born (range: 1950-1970) | 1959 | 1959 | 1959 |
| Female | 0.50 | 0.55 | 0.50 |
| <u>Childhood family variables:</u> | | | |
| Income-to-needs ratio (5-yr avg, 1968-1972): | | | |
| <1 (child poverty) | 0.12 | 0.43 | 0.06 |
| 1-3 | 0.55 | 0.48 | 0.56 |
| >3 | 0.34 | 0.09 | 0.38 |
| Parent's (head's) education: | | | |
| High school dropout | 0.41 | 0.74 | 0.35 |
| High school graduate | 0.31 | 0.20 | 0.33 |
| College-educated | 0.28 | 0.05 | 0.32 |
| Born into two-parent family | 0.80 | 0.49 | 0.85 |
| Low birth weight (<5.5 pounds) | 0.07 | 0.09 | 0.06 |
| No private child health insurance, 1968-1972 | 0.10 | 0.24 | 0.08 |
| Parental health behaviors (1997 \$): | | | |
| Smoked cigarettes at some point, 1968-1972 | 0.73 | 0.80 | 0.72 |
| Alcohol consumption (5-yr avg, 1968-1972) | \$421 | \$299 | \$437 |
| Parental health status: | | | |
| Proportion of 60s mother in fair/poor health | 0.32 | 0.64 | 0.27 |
| Proportion of 60s father in fair/poor health | 0.33 | 0.66 | 0.31 |
| <u>Childhood neighborhood variables:</u> | | | |
| Neighborhood poverty: | | | |
| High poverty neighborhood (>30%) | 0.05 | 0.24 | 0.01 |
| Medium poverty neighborhood (10-30%) | 0.18 | 0.40 | 0.14 |
| Low poverty neighborhood (<10%) | 0.78 | 0.36 | 0.85 |
| Residential segregation dissimilarity index _{county} | 0.70 | 0.71 | 0.70 |
| High crime neighborhood | 0.16 | 0.26 | 0.15 |
| N'hood low expectations for child achievement | 0.17 | 0.29 | 0.15 |
| N'hood college-bound expectations | 0.72 | 0.58 | 0.74 |
| N'hood connectedness to informal sources of help | 6.09 | 5.82 | 6.14 |
| Neighborhood plumbing problems | 0.14 | 0.24 | 0.12 |
| Neighborhood housing insulation problems | 0.14 | 0.18 | 0.14 |

Note: All descriptive statistics are sample weighted to produce nationally-representative estimates of means. Black-white differences in all childhood family and neighborhood factors are statistically significant.

Health Index

A number of previous studies using surveys have demonstrated that a change in GHS from fair to poor represents a much larger degree of health deterioration than a change from excellent to very good or very good to good (e.g., Van Doorslaer and Jones, 2003; Humphries and Van Doorslaer, 2000). More generally, this research has shown that health differences between GHS categories are larger at lower levels of GHS. Thus, assuming a linear scaling would not be appropriate.

To analyze health disparities in the presence of a multiple-category health indicator, three alternative approaches have been used, each with its own set of advantages and disadvantages. The most common and simplest approach is to dichotomize GHS by setting a cut-off point above which individuals are said to be in good health (e.g., excellent/very good/good vs. fair/poor). The disadvantage of this approach is that it does not utilize all of the information on health. Additionally, it uses a somewhat arbitrary cut-off for the determination of healthy/not-healthy, and the measurement of inequality over time can be sensitive to the choice of cut-off (Wagstaff and Van Doorslaer, 1994).

A second approach is to estimate an ordered logit or ordered probit regression using the GHS categories as the dependent variable, and rescale the predicted underlying latent variable of this model to compute “quality weights” for health between 0 and 1 (Cutler and Richardson, 1997; Groot, 2000). The key shortcoming of this approach is the probit and logit link functions are inadequate to model health due to the significant degree of skewness in the health distribution (i.e., the majority of a general population sample report themselves to be in good to excellent health). Van Doorslaer and Jones (2003) assess the validity of using ordered probit regressions to impose cardinality on the ordinal responses comparing it with a gold standard of using the McMaster ‘Health Utility Index Mark III’ (HUI).¹¹ They conclude “...the ordered probit regression does not allow for any sensible approximation of the true degree of inequality.”

The third approach, adopted first by Wagstaff and Van Doorslaer (1994), assumes that underlying the categorical empirical distribution of the responses to the GHS question is a latent, continuous but unobservable health variable with a standard lognormal distribution. This assumption allows “scoring” of the GHS categories using the mid-points of the intervals corresponding to the standard lognormal distribution. The lognormal distribution allows for skewness in the underlying distribution of health. The health inequality results obtained using this scaling procedure have been shown to be comparable to those obtained using truly continuous generic measures like the SF36 (Gerdtham et al., 1999) or the Health

¹¹ The McMaster Health Utility Index can be considered a more objective health measure because the respondents are only asked to classify themselves into eight health dimensions: vision, hearing, speech, ambulation, dexterity, emotion, cognition, and pain. The Health Utility Index Mark III is capable of describing 972,000 unique health states (Humphries and van Doorslaer, 2000).

Utility Index Mark III (Humphries and van Doorslaer, 2000) in Canada, but has not been validated as an appropriate scaling procedure using U.S. data. The disadvantage of this approach is it inappropriately uses OLS on what remains essentially a categorical variable and does not exploit the within-category variation in health. This is particularly problematic for the analysis of health dynamics over a relatively short time horizon. Ignoring within-category variation in health will cause health deterioration estimates to be biased and induce (health) state dependence because within-category variation increases when going down from excellent to poor health.

Several surveys have been undertaken that contain both the GHS question and questions underlying a health utility index. In this paper, we adopt a latent variable approach that combines the advantages of approaches two and three above, but avoids their respective pitfalls. Specifically, utilizing external U.S. data that contain both GHS and health utility index measures, we use the distribution of health utility-based scores across the GHS categories to scale the categorical responses and subject our indicators to the transformation that best predicts quality of life. This scaling thus translates our measures into the metric that reflects the underlying level of health. Specifically, using a 100-point scale where 100 equals perfect health and zero is equivalent to death, the interval health values associated with GHS are: [95, 100] for excellent, [85, 95) for very good, [70,85) for good, [30,70) for fair, and [1,30) for poor health.

Interval Regression Model. The method assumes that underlying the categorical empirical distribution of the responses to the GHS question is a latent, continuous health variable. I estimate interval regression models using the aforementioned values to scale the thresholds for GHS, where interval regression models are equivalent to probit models with known thresholds.

The measure of health status has categorical outcomes excellent (E), very good (VG), good (G), fair (F), and poor (P). The model can be expressed as

$$\begin{aligned}
 H_i &= 1 \text{ (E)} && \text{if } 95 \leq H_i^* \leq 100 = \text{perfect health} \\
 &2 \text{ (VG)} && \text{if } 85 \leq H_i^* < 95 \\
 &3 \text{ (G)} && \text{if } 70 \leq H_i^* < 85 \\
 &4 \text{ (F)} && \text{if } 30 \leq H_i^* < 70 \\
 &5 \text{ (P)} && \text{if } 1 \leq H_i^* < 30 ,
 \end{aligned}$$

where H_i^* is the continuous latent health variable and is assumed to be a function of socio-economic variables x :

$$H_i^* = x_i\beta + v_i , \quad v_i \sim N(0, \sigma_v^2).$$

Given the assumption that the error term is normally distributed, the probability of observing a particular value of y is

$$P_{ij} = P(H_i = j) = \Phi\left(\frac{\mu_U - x_i\beta}{\sigma_v}\right) - \Phi\left(\frac{\mu_L - x_i\beta}{\sigma_v}\right),$$

where j indexes the categories, $\Phi(\bullet)$ is the standard normal distribution function, and μ represent the threshold values previously discussed. Because the threshold values are known, it is possible to identify the variance of the error term σ_v^2 . Because I use the health utility-based values to score the thresholds for GHS, the linear index for the interval regression model is measured on the same scale. This scaling thus translates the measures into the metric that reflects the underlying level of health. With independent observations, the log-likelihood for the interval regression model takes the form:

$$\log L = \sum_i \sum_j H_{ij} \log P_{ij},$$

where the H_{ij} are binary variables that are equal to 1 if $H_{ij} = j$. This can be maximized to give estimates of β .

Additional Considerations

Residential mobility. Because siblings typically share similar family environments for longer periods than neighboring children share neighborhood environments, we expect lower correlations for neighbors than for siblings. That is, I estimate the correlation between individuals who were childhood neighbors in 1968, but if 1968 neighborhood is a poor proxy for longer-run childhood neighborhood environment, my estimates of the influence of childhood neighborhoods may be subject to a downward errors-in-variables bias. The potential for measurement error is a serious concern since residential mobility is common in the US, especially among families with younger children. Thus, children sharing a neighborhood at any given point in time may have quite different residential histories. However, Kunz et al. (2001) investigate this issue using the PSID and find a high degree of persistence in the quality of children's neighborhood environments. They estimate the autocorrelations of observed neighborhood characteristics inhabited by the PSID children, and find the autocorrelation between the average of log mean income during the 1970-1980 period and each single year value is at least 0.90 for every year and averages 0.94.

Johnson: Health Dynamics and the Evolution of Health Inequality over the Life Course

Table A2-pg.1. Race & SES Differences in Adult Health (Age 20-34): Importance of Neighborhood & Family Background

(Dependent variable: general health status in adulthood)

4-Level Hierarchical Random Effects Interval Regression Model: 100pt-scale, 100=perfect health

| | Raw race gap | Controls for Fam bckgrd | Controls for Child Nhood + School + Fam | Only Adult Nhood + SES | Child bckgrd + Adult SES |
|---|--------------|-------------------------|---|------------------------|--------------------------|
| | (1) | (2) | (3) | (4) | (5) |
| Childhood factors | | | | | |
| Black | -5.6700*** | -2.1689*** | -0.8603*** | -4.5235*** | -1.3590*** |
| Non-Hispanic white (reference category) | (0.1770) | (0.1862) | (0.2386) | (0.1624) | (0.2324) |
| Family income-to needs ratio | | | | | |
| Income-to-needs ratio* ratio is <1 | | 2.8124*** | 3.7843*** | | 2.6498*** |
| | | (0.6124) | (0.6155) | | (0.5876) |
| Income-to-needs ratio* ratio is 1 to 3 | | 1.7510*** | 1.1829*** | | 0.7212*** |
| | | (0.0968) | (0.0979) | | (0.0950) |
| Income-to-needs ratio* ratio is >3 | | 0.2827*** | 0.1955*** | | 0.1110*** |
| | | (0.0417) | (0.0408) | | (0.0392) |
| Parent head's education: | | | | | |
| High school dropout | | -1.7584*** | -1.1252*** | | -0.7667*** |
| High school graduate (reference category) | | (0.1274) | (0.1266) | | (0.1219) |
| College-educated | | 1.2176*** | 0.8895*** | | 0.3350*** |
| | | (0.1337) | (0.1319) | | (0.1289) |
| No Private Child HI coverage, 1968-1972 | | -0.9511*** | -0.6389*** | | -0.5329*** |
| | | (0.1814) | (0.1780) | | (0.1718) |
| Low birth weight | | -2.2059*** | -1.9914*** | | -1.6425*** |
| | | (0.1734) | (0.1713) | | (0.1660) |
| Mother unmarried at child's birth | | -2.4532*** | -2.1149*** | | -2.0195*** |
| | | (0.1819) | (0.1234) | | (0.1188) |
| Parent smoked cigarettes at some point, 1968-1972 | | -0.4078*** | -0.2893*** | | -0.0940 |
| | | (0.1137) | (0.1110) | | (0.1070) |
| Parental annual alcohol expenditures (in \$100's), 5-year average 1968-1972 | | -0.0640*** | -0.0464*** | | -0.0449*** |
| | | (0.0080) | (0.0079) | | (0.0076) |
| Child Neighborhood factors | | | | | |
| Neighborhood poverty rate (1970), spline: | | | | | |
| Low poverty neighborhood (ref category) | | | | | |
| Medium poverty neighborhood | | | -2.9701*** | | -2.7080*** |
| | | | (0.2060) | | (0.1992) |
| (Neighborhood poverty rate - 20)* rate 10 to 30% | | | -2.8578*** | | -2.4885*** |
| | | | (0.2946) | | (0.2889) |
| High poverty neighborhood | | | -3.4090*** | | -2.9885*** |
| | | | (0.3265) | | (0.3179) |
| High crime neighborhood | | | -0.8582*** | | -0.7807*** |
| | | | (0.1249) | | (0.1207) |
| Residential segregation dissimilarity _{county} , 1970 | | | -0.1118* | | -0.0780 |
| | | | (0.0617) | | (0.0608) |
| Residential segregation dissimilarity index*Black | | | -0.2239 | | -0.1996 |
| | | | (0.3803) | | (0.3733) |
| Parental low expectations for child achievement | | | -1.4597*** | | -1.2277*** |
| College-bound expectations (ref category) | | | (0.1904) | | (0.1776) |
| N'hood low expectations for child achievement | | | -1.9565*** | | -1.4887*** |
| | | | (0.1786) | | (0.1669) |
| N'hood connectedness to informal sources of help | | | 0.4660*** | | 0.4971*** |
| | | | (0.0403) | | (0.0389) |
| Neighborhood plumbing problems | | | -1.2812*** | | -1.0818*** |
| | | | (0.1976) | | (0.1931) |
| Neighborhood housing insulation problems | | | -2.0040*** | | -1.9420*** |
| | | | (0.1950) | | (0.1904) |
| Parental health status | | | | | |
| Proportion of 60s mother in fair/poor health | | | -2.8869*** | | -2.4400*** |
| | | | (0.1720) | | (0.1657) |
| Proportion of 60s father in fair/poor health | | | -0.5604*** | | -0.2625 |
| | | | (0.1919) | | (0.1837) |

Table A2-pg.2. Race & SES Differences in Adult Health (Age 20-34): Importance of Neighborhood & Family Background

(Dependent variable: general health status in adulthood)

4-Level Hierarchical Random Effects Interval Regression Model: 100pt-scale, 100=perfect health

| | Raw race gap | Controls for Fam bckgrd | Controls for Child Nhood + School + Fam | Only Adult Nhood + SES | Child bckgrd + Adult SES |
|--|--------------|-------------------------|---|------------------------|--------------------------|
| | (1) | (2) | (3) | (4) | (5) |
| Child Neighborhood factors | | | | | |
| Neighborhood poverty rate (1970), spline: | | | | | |
| Low poverty neighborhood (ref category) | | | | | |
| Medium poverty neighborhood | | | -2.9701*** (0.2060) | | -2.7080*** (0.1992) |
| (Neighborhood poverty rate - 20)* rate 10 to 30% | | | -2.8578*** (0.2946) | | -2.4885*** (0.2889) |
| High poverty neighborhood | | | -3.4090*** (0.3265) | | -2.9885*** (0.3179) |
| High crime neighborhood | | | -0.8582*** (0.1249) | | -0.7807*** (0.1207) |
| Residential segregation dissimilarity _{county} 1970 | | | -0.1118* (0.0617) | | -0.0780 (0.0608) |
| Residential segregation dissimilarity index*Black | | | -0.2239 (0.3803) | | -0.1996 (0.3733) |
| Parental low expectations for child achievement | | | -1.4597*** (0.1904) | | -1.2277*** (0.1776) |
| College-bound expectations (ref category) | | | | | |
| N'hood low expectations for child achievement | | | -1.9565*** (0.1786) | | -1.4887*** (0.1669) |
| N'hood connectedness to informal sources of help | | | 0.4660*** (0.0403) | | 0.4971*** (0.0389) |
| Neighborhood plumbing problems | | | -1.2812*** (0.1976) | | -1.0818*** (0.1931) |
| Neighborhood housing insulation problems | | | -2.0040*** (0.1950) | | -1.9420*** (0.1904) |
| Parental health status | | | | | |
| Proportion of 60s mother in fair/poor health | | | -2.8869*** (0.1720) | | -2.4400*** (0.1657) |
| Proportion of 60s father in fair/poor health | | | -0.5604*** (0.1919) | | -0.2625 (0.1837) |

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Table A2-pg.3. Race & SES Differences in Adult Health (Age 20-34): Importance of Neighborhood & Family Background

(Dependent variable: general health status in adulthood)

4-Level Hierarchical Random Effects Interval Regression Model: 100pt-scale, 100=perfect health

| | Raw race gap | Controls for Fam bckgrd | Controls for Child Nhood + School + Fam | Only Adult Nhood + SES | Child bckgrd + Adult SES |
|---|--------------|-------------------------|---|------------------------|--------------------------|
| | (1) | (2) | (3) | (4) | (5) |
| Adulthood SES | | | | | |
| Neighborhood poverty rate, spline: | | | | | |
| Low poverty neighborhood (reference category) | | | | | |
| Medium poverty neighborhood | | | | -0.4143*** | -0.3114*** |
| | | | | (0.0389) | (0.0378) |
| (Neighborhood poverty rate - 20)* rate is 10 to 30% | | | | -0.0494 | -0.1681*** |
| | | | | (0.0426) | (0.0396) |
| High poverty neighborhood | | | | -0.2809*** | -0.2377*** |
| | | | | (0.0679) | (0.0681) |
| Educational attainment: | | | | | |
| High school dropout | | | | -3.3268*** | -2.2308*** |
| High school graduate (reference category) | | | | (0.1371) | (0.1377) |
| Some college | | | | 2.0944*** | 1.5068*** |
| | | | | (0.0958) | (0.0955) |
| College graduate or higher | | | | 3.8286*** | 2.7564*** |
| | | | | (0.1036) | (0.1089) |
| Family income-to needs ratio, spline: | | | | | |
| Income-to-needs ratio* ratio is <2 | | | | 0.4113*** | 0.3918*** |
| | | | | (0.0325) | (0.0325) |
| Income-to-needs ratio* ratio is 2 to 4 | | | | 0.1694*** | 0.0678*** |
| | | | | (0.0191) | (0.0175) |
| Income-to-needs ratio* ratio is >4 | | | | 0.0361*** | 0.0483*** |
| | | | | (0.0062) | (0.0061) |
| No annual earnings | | | | -2.4431*** | -2.4951*** |
| | | | | (0.0791) | (0.0790) |
| No annual earnings*Female | | | | 1.7545*** | 1.8036*** |
| | | | | (0.0904) | (0.0903) |
| Random Effects, Unmeasured (Std Dev) | | | | | |
| Childhood Neighborhood component | 6.0789*** | 5.0887*** | 4.7997*** | 5.2453*** | 5.0191*** |
| | (0.0801) | (0.0881) | (0.0917) | (0.0786) | (0.0789) |
| Childhood Family component | 3.3038*** | 3.2982*** | 2.9672*** | 2.6210*** | 2.4161*** |
| | (0.1038) | (0.1063) | (0.1177) | (0.1165) | (0.1267) |
| Individual component | 7.4103*** | 7.4489*** | 7.4868*** | 7.3707*** | 7.2481*** |
| | (0.0337) | (0.0342) | (0.0345) | (0.0341) | (0.0337) |
| Transitory error component | 5.1087*** | 5.1095*** | 5.1097*** | 5.1038*** | 5.1124*** |
| | (0.0065) | (0.0065) | (0.0065) | (0.0065) | (0.0065) |
| Log-likelihood | -1209018.2 | -1207719.8 | -1207040.6 | -1206338.8 | -1205580.9 |
| Number of counties | 270 | 270 | 270 | 270 | 270 |
| Number of neighborhoods | 1,388 | 1,388 | 1,388 | 1,388 | 1,388 |
| Number of families | 1,868 | 1,868 | 1,868 | 1,868 | 1,868 |
| Number of individuals | 4,405 | 4,405 | 4,405 | 4,405 | 4,405 |
| Number of person-year observations | 27,349 | 27,349 | 27,349 | 27,349 | 27,349 |

*** p<0.01, ** p<0.05, * p<0.10

Note: All models include a constant and controls for age, age squared, age cubed, gender, year of birth, and columns (2)-(3) and (5) include controls for region of birth, birth order and indices intended to capture parental aspirations/motivation and long-term planning horizon (rate of time preference proxy); and columns (3) and (5) include dummy indicators for expectations of child achievement that were in between "low" and "college-bound" expectations and also include the following controls for child school quality: school segregation dissimilarity index interacted with race, school district per-pupil spending, and class size (coefficients suppressed to conserve space). To facilitate interpretation of marginal effects, I converted the units of county racial residential segregation dissimilarity index so that a 1-unit change represents a 10-point change in the dissimilarity index. Similarly, a one-unit change in the spline specification for neighborhood poverty represents a 10-point change (e.g., change in

Table A3-pg.1. Race & SES Differences in Adult Health (Age 35-44): Importance of Neighborhood & Family Background

(Dependent variable: general health status in adulthood)
4-Level Hierarchical Random Effects Interval Regression Model: 100pt-scale, 100=perfect health

| | Raw race gap | Controls for Fam bckgrd | Controls for Child Nhood + School + Fam | Only Adult Nhood + SES | Child bckgrd + Adult SES |
|---|--------------|-------------------------|---|------------------------|--------------------------|
| | (1) | (2) | (3) | (4) | (5) |
| Childhood factors | | | | | |
| Black | -7.5944*** | -3.5474*** | -1.2838*** | -6.0671*** | -1.7749*** |
| Non-Hispanic white (reference category) | (0.2343) | (0.2509) | (0.3167) | (0.2172) | (0.3056) |
| (avg during 1967-1972), spline: | | | | | |
| Income-to-needs ratio*ratio is <1 | | 1.0803 | 0.5695 | | -0.4143 |
| | | (0.8122) | (0.8198) | | (0.7840) |
| Income-to-needs ratio* ratio is 1 to 3 | | 2.1715*** | 1.3528*** | | 0.7071*** |
| | | (0.1285) | (0.1295) | | (0.1250) |
| Income-to-needs ratio* ratio is >3 | | 0.4874*** | 0.3927*** | | 0.3412*** |
| | | (0.0529) | (0.0515) | | (0.0498) |
| Parent head's education: | | | | | |
| High school dropout | | -3.0718*** | -2.1536*** | | -1.7340*** |
| High school graduate (reference category) | | (0.1708) | (0.1698) | | (0.1640) |
| College-educated | | 0.3131* | -0.0998 | | -0.6482*** |
| | | (0.1747) | (0.1715) | | (0.1682) |
| No Private Child HI coverage, 1968-1972 | | -2.4679*** | -2.1382*** | | -2.2884*** |
| | | (0.2324) | (0.2281) | | (0.2213) |
| Low birth weight | | -2.6888*** | -2.5553*** | | -2.2269*** |
| | | (0.2289) | (0.2263) | | (0.2224) |
| Mother unmarried at child's birth | | -0.5561** | -1.0540*** | | -0.9947*** |
| | | (0.2437) | (0.1621) | | (0.1569) |
| Parent smoked cigarettes at some point, 1968-1972 | | -0.4214*** | -0.2470* | | -0.1182 |
| | | (0.1497) | (0.1456) | | (0.1407) |
| Parental annual alcohol expenditures (in \$100's), 5-year average 1968-1972 | | -0.0322*** | -0.0149 | | -0.0160+ |
| | | (0.0106) | (0.0103) | | (0.0099) |
| Child Neighborhood factors | | | | | |
| Neighborhood poverty rate (1970), spline: | | | | | |
| Low poverty neighborhood (ref category) | | | | | |
| Medium poverty neighborhood | | | -2.9678*** | | -2.7520*** |
| | | | (0.2878) | | (0.2729) |
| (Neighborhood poverty rate - 20)* rate 10 to 30% | | | -2.4171*** | | -1.7805*** |
| | | | (0.4131) | | (0.3963) |
| High poverty neighborhood | | | -4.6574*** | | -4.2327*** |
| | | | (0.4307) | | (0.4105) |
| High crime neighborhood | | | -0.8284*** | | -0.6350*** |
| | | | (0.1644) | | (0.1558) |
| Residential segregation dissimilarity _{county} , 1970 | | | -0.1314* | | -0.0985+ |
| | | | (0.0791) | | (0.0757) |
| Residential segregation dissimilarity index*Black | | | -1.0686** | | -0.6735+ |
| | | | (0.5029) | | (0.4795) |
| Parental low expectations for child achievement | | | -3.4689*** | | -2.9394*** |
| College-bound expectations (ref category) | | | (0.2506) | | (0.2353) |
| N'hood low expectations for child achievement | | | -1.5833*** | | -0.7920*** |
| | | | (0.2360) | | (0.2181) |
| N'hood connectedness to informal sources of help | | | 0.6187*** | | 0.6376*** |
| | | | (0.0536) | | (0.0508) |
| Neighborhood plumbing problems | | | -3.2017*** | | -2.9015*** |
| | | | (0.2688) | | (0.2565) |
| Neighborhood housing insulation problems | | | 0.2417 | | 0.2846 |
| | | | (0.2623) | | (0.2507) |
| Parental health status | | | | | |
| Proportion of 60s mother in fair/poor health | | | -4.2607*** | | -3.8468*** |
| | | | (0.2149) | | (0.2081) |
| Proportion of 60s father in fair/poor health | | | -0.2057 | | 0.2484 |
| | | | (0.2434) | | (0.2347) |

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Table A3-pg.2. Race & SES Differences in Adult Health (Age 35-44): Importance of Neighborhood & Family Background

(Dependent variable: general health status in adulthood)

4-Level Hierarchical Random Effects Interval Regression Model: 100pt-scale, 100=perfect health

| | Raw race gap | Controls for Fam bckgrd | Controls for Child Nhood + School + Fam | Only Adult Nhood + SES | Child bckgrd + Adult SES |
|---|--------------|-------------------------|---|------------------------|--------------------------|
| | (1) | (2) | (3) | (4) | (5) |
| Adulthood SES | | | | | |
| Neighborhood poverty rate, spline: | | | | | |
| Low poverty neighborhood (reference category) | | | | | |
| | | | | -0.5851*** | -0.5106*** |
| | | | | (0.0530) | (0.0519) |
| | | | | -0.4859*** | -0.5134*** |
| | | | | (0.0579) | (0.0536) |
| | | | | -0.8355*** | -0.7760*** |
| | | | | (0.0871) | (0.0870) |
| High poverty neighborhood | | | | | |
| Educational attainment: | | | | | |
| High school dropout | | | | | |
| | | | | -5.6038*** | -4.1135*** |
| | | | | (0.1956) | (0.1980) |
| | | | | 2.1554*** | 1.4623*** |
| | | | | (0.1282) | (0.1296) |
| | | | | 4.2833*** | 2.9901*** |
| | | | | (0.1358) | (0.1444) |
| High school graduate (reference category) | | | | | |
| Some college | | | | | |
| College graduate or higher | | | | | |
| Family income-to needs ratio, spline: | | | | | |
| Income-to-needs ratio*ratio is <2 | | | | | |
| | | | | 0.0769*** | 0.0827*** |
| | | | | (0.0241) | (0.0241) |
| | | | | 0.3316*** | 0.2279*** |
| | | | | (0.0202) | (0.0188) |
| | | | | 0.0052*** | 0.0067*** |
| | | | | (0.0016) | (0.0016) |
| Income-to-needs ratio* ratio is 2 to 4 | | | | | |
| Income-to-needs ratio* ratio is >4 | | | | | |
| No annual earnings | | | | | |
| | | | | -1.7694*** | -1.7985*** |
| | | | | (0.0655) | (0.0654) |
| No annual earnings*Female | | | | | |
| | | | | 0.0739 | 0.0789 |
| | | | | (0.0812) | (0.0812) |
| Random Effects, Unmeasured (Std Dev) | | | | | |
| Childhood Neighborhood component | 7.4218*** | 6.5014*** | 5.8108*** | 6.6132*** | 5.3912*** |
| | (0.1125) | (0.1227) | (0.1424) | (0.1113) | (0.1438) |
| Childhood Family component | 4.7685*** | 4.4706*** | 4.2445*** | 3.8623*** | 4.0085*** |
| | (0.1334) | (0.1419) | (0.1613) | (0.1475) | (0.1650) |
| Individual component | 9.0546*** | 9.1212*** | 9.1730*** | 9.0562*** | 9.0946*** |
| | (0.0443) | (0.0450) | (0.0458) | (0.0453) | (0.0460) |
| Transitory error component | 4.5654*** | 4.5656*** | 4.5660*** | 4.5507*** | 4.5520*** |
| | (0.0067) | (0.0067) | (0.0067) | (0.0067) | (0.0067) |
| Log-likelihood | -905730.28 | -904639.42 | -903825 | -903145.42 | -902082.4 |
| Number of counties | 270 | 270 | 270 | 270 | 270 |
| Number of neighborhoods | 1,224 | 1,224 | 1,224 | 1,224 | 1,224 |
| Number of families | 1,652 | 1,652 | 1,652 | 1,652 | 1,652 |
| Number of individuals | 3,483 | 3,483 | 3,483 | 3,483 | 3,483 |
| Number of person-year observations | 19,256 | 19,256 | 19,256 | 19,256 | 19,256 |

*** p<0.01, ** p<0.05, * p<0.10

Note: All models include a constant and controls for age, age squared, age cubed, gender, year of birth, and columns (2)-(3) and (5) include controls for region of birth, birth order and indices intended to capture parental aspirations/motivation and long-term planning horizon (rate of time preference proxy); and columns (3) and (5) include dummy indicators for expectations of child achievement that were in between "low" and "college-bound" expectations and also include the following controls for child school quality: school segregation dissimilarity index interacted with race, school district per-pupil spending, and class size (coefficients suppressed to conserve space). To facilitate interpretation of marginal effects, I converted the units of county racial residential segregation dissimilarity index so that a 1-unit change represents a 10-point change in the dissimilarity index. Similarly, a one-unit change in the spline specification for neighborhood poverty represents a 10-point change (e.g., change in neighborhood poverty

Table A4-pg.1. Race & SES Differences in Adult Health (Age 45-57): Importance of Neighborhood & Family Background

(Dependent variable: general health status in adulthood)
4-Level Hierarchical Random Effects Interval Regression Model: 100pt-scale, 100=perfect health

| | Raw race gap | Controls for Fam bckgrd | Controls for Child Nhood + School + Fam | Only Adult Nhood + SES | Child bckgrd + Adult SES |
|--|------------------------|-------------------------|---|------------------------|--------------------------|
| | (1) | (2) | (3) | (4) | (5) |
| Childhood factors | | | | | |
| Black | -9.3761*** (0.3682) | -1.8004*** (0.4088) | 2.5708*** (0.5459) | -7.4029*** (0.3353) | 1.7027*** (0.5175) |
| Non-Hispanic white (reference category) (avg during 1967-1972), spline: | | | | | |
| Income-to-needs ratio* ratio is <1 | | 7.4561*** (1.3051) | 11.5555*** (1.3045) | | 8.1044*** (1.2285) |
| Income-to-needs ratio* ratio is 1 to 3 | | 2.8014*** (0.2178) | 1.3056*** (0.2133) | | 0.5899*** (0.2038) |
| Income-to-needs ratio* ratio is >3 | | 0.2541*** (0.0788) | 0.2590*** (0.0747) | | 0.2581*** (0.0706) |
| Parent head's education: | | | | | |
| High school dropout | | -2.9483*** (0.2753) | -1.0620*** (0.2687) | | -0.6546** (0.2552) |
| High school graduate (reference category) | | | | | |
| College-educated | | -0.6693** (0.2927) | -1.2428*** (0.2824) | | -1.3725*** (0.2723) |
| No Private Child HI coverage, 1968-1972 | | -2.8687*** (0.3695) | -2.7205*** (0.3567) | | -2.2384*** (0.3405) |
| Low birth weight | | -5.9354*** (0.3874) | -5.2730*** (0.3775) | | -5.0336*** (0.3656) |
| Mother unmarried at child's birth | | -5.1901*** (0.4206) | -4.4944*** (0.2622) | | -4.0112*** (0.2502) |
| Parent smoked cigarettes at some point, 1968-1972 | | -1.7447*** (0.2459) | -1.5204*** (0.2321) | | -1.2435*** (0.2217) |
| Parental annual alcohol expenditures (in \$100's), 5-year average 1968-1972 | | 0.0386* (0.0202) | 0.0219 (0.0192) | | 0.0449** (0.0183) |
| Child Neighborhood factors | | | | | |
| Neighborhood poverty rate (1970), spline: | | | | | |
| Low poverty neighborhood (ref category) | | | | | |
| Medium poverty neighborhood | | | -4.4725*** (0.4914) | | -3.8270*** (0.4586) |
| (Neighborhood poverty rate - 20)* rate 10 to 30% | | | -1.9016*** (0.6694) | | -1.0406* (0.6267) |
| High poverty neighborhood | | | -9.0301*** (0.6909) | | -7.4461*** (0.6505) |
| High crime neighborhood | | | -2.4227*** (0.2542) | | -2.0692*** (0.2361) |
| Residential segregation dissimilarity _{county} , 1970 | | | -0.7183*** (0.1165) | | -0.5755*** (0.1090) |
| Residential segregation dissimilarity index*Black | | | -5.0609*** (0.7402) | | -5.0653*** (0.6902) |
| Parental low expectations for child achievement College-bound expectations (ref category) | | | -2.8210*** (0.3876) | | -1.5079*** (0.3619) |
| N'hood low expectations for child achievement | | | -3.7517*** (0.3772) | | -3.8552*** (0.3498) |
| N'hood connectedness to informal sources of help | | | 1.2945*** (0.0883) | | 1.0532*** (0.0821) |
| Neighborhood plumbing problems | | | -3.8848*** (0.4483) | | -3.5148*** (0.4202) |
| Neighborhood housing insulation problems | | | -3.8576*** (0.4226) | | -3.3694*** (0.3971) |
| Parental health status | | | | | |
| Proportion of 60s mother in fair/poor health | | | -5.9573*** (0.3269) | | -5.4055*** (0.3128) |
| Proportion of 60s father in fair/poor health | | | -1.6620*** (0.3965) | | -0.9990*** (0.3757) |

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Table A4-pg.2. Race & SES Differences in Adult Health (Age 45-57): Importance of Neighborhood & Family Background

(Dependent variable: general health status in adulthood)

4-Level Hierarchical Random Effects Interval Regression Model: 100pt-scale, 100=perfect health

| | Raw race gap | Controls for Fam bckgrd | Controls for Child Nhood + School + Fam | Only Adult Nhood + SES | Child bckgrd + Adult SES |
|---|--------------|-------------------------|---|------------------------|--------------------------|
| | (1) | (2) | (3) | (4) | (5) |
| Adulthood SES | | | | | |
| Neighborhood poverty rate, spline: | | | | | |
| Low poverty neighborhood (reference category) | | | | | |
| Medium poverty neighborhood | | | | -0.5861*** | -0.4792*** |
| | | | | (0.1608) | (0.1519) |
| (Neighborhood poverty rate - 20)* rate is 10 to 30% | | | | -0.8739*** | -0.8344*** |
| | | | | (0.1761) | (0.1547) |
| High poverty neighborhood | | | | -0.2956 | -0.2697 |
| | | | | (0.2917) | (0.2898) |
| Educational attainment: | | | | | |
| High school dropout | | | | -8.2261*** | -5.0665*** |
| High school graduate (reference category) | | | | (0.3632) | (0.3678) |
| Some college | | | | 1.7639*** | 0.7456*** |
| | | | | (0.2123) | (0.2137) |
| College graduate or higher | | | | 2.7371*** | 1.1087*** |
| | | | | (0.2179) | (0.2284) |
| Family income-to needs ratio, spline: | | | | | |
| Income-to-needs ratio* ratio is <2 | | | | 0.9383*** | 0.8960*** |
| | | | | (0.1054) | (0.1051) |
| Income-to-needs ratio* ratio is 2 to 4 | | | | 0.5437*** | 0.4596*** |
| | | | | (0.0642) | (0.0620) |
| Income-to-needs ratio* ratio is >4 | | | | 0.0325*** | 0.0259*** |
| | | | | (0.0056) | (0.0054) |
| No annual earnings | | | | -3.6917*** | -3.5894*** |
| | | | | (0.1620) | (0.1612) |
| No annual earnings*Female | | | | -0.4301** | -0.4159* |
| | | | | (0.2142) | (0.2130) |
| Random Effects, Unmeasured (Std Dev) | | | | | |
| Childhood Neighborhood component | 8.4842*** | 7.2789*** | 6.2632*** | 7.0043*** | 5.3556*** |
| | (0.2064) | (0.2224) | (0.2236) | (0.2136) | (0.2471) |
| Childhood Family component | 7.4453*** | 6.9222*** | 6.1012*** | 6.4127*** | 6.0092*** |
| | (0.2138) | (0.2213) | (0.2371) | (0.2264) | (0.2366) |
| Individual component | 9.0662*** | 9.1865*** | 9.2853*** | 9.0792*** | 9.0468*** |
| | (0.0804) | (0.0819) | (0.0846) | (0.0848) | (0.0850) |
| Transitory error component | 5.9363*** | 5.9347*** | 5.9363*** | 5.9258*** | 5.9225*** |
| | (0.0190) | (0.0190) | (0.0190) | (0.0192) | (0.0191) |
| Log-likelihood | -262694.41 | -261895.85 | -260993.93 | -261211.04 | -259988.06 |
| Number of counties | 270 | 270 | 270 | 270 | 270 |
| Number of neighborhoods | 711 | 711 | 711 | 711 | 711 |
| Number of families | 923 | 923 | 923 | 923 | 923 |
| Number of individuals | 1,507 | 1,507 | 1,507 | 1,507 | 1,507 |
| Number of person-year observations | 4,477 | 4,477 | 4,477 | 4,477 | 4,477 |

*** p<0.01, ** p<0.05, * p<0.10

Note: All models include a constant and controls for age, age squared, age cubed, gender, year of birth, and columns (2)-(3) and (5) include controls for region of birth, birth order and indices intended to capture parental aspirations/motivation and long-term planning horizon (rate of time preference proxy); and columns (3) and (5) include dummy indicators for expectations of child achievement that were in between "low" and "college-bound" expectations and also include the following controls for child school quality: school segregation dissimilarity index interacted with race, school district per-pupil spending, and class size (coefficients suppressed to conserve space). To facilitate interpretation of marginal effects, I converted the units of county racial residential segregation dissimilarity index so that a 1-unit change represents a 10-point change in the dissimilarity index. Similarly, a one-unit change in the spline specification for neighborhood poverty represents a 10-point change (e.g., change in neighborhood poverty rate from 10% to 20%).

I find that the average proportion of childhood spent growing up in the 1968 neighborhood was roughly two-thirds for the sample. To investigate the potential impact of residential mobility further on the findings, I re-estimated all health status correlations on the sample of children who had lived in their 1968 home since at least 1963.¹² The correlations among this sample were similar to the ones reported in the paper. Solon et al (2000) found that neighbor correlations in education were not sensitive to similar sample restrictions. Therefore, the evidence tends to suggest that residential mobility is not significantly influencing the estimated neighbor correlations.

Sibling Correlations by Relatedness. I explored the relative impact of shared household environment versus shared genetic unmeasured components using “relatedness” of children in the household. I began by ignoring neighborhoods and investigated whether the “relatedness” of children in the household affects the degree of correlation (heterogeneity) in their health outcomes, i.e., whether more related children have more similar health outcomes. I used a slightly restricted dataset—all children in the household must be of the same “relatedness” and the other children in the household are omitted so that the household correlation structure is clear and simple. That is, each family contains only fully biological siblings, or only half/step or “unrelated” siblings. Only a very small number of children are excluded by this restriction, so the effect on estimates should be negligible. Among the 1,257 families containing two or more children, 822 had at least two full biologically-related children.

For this purpose, I estimated a first set of models that included only family- and individual-level unmeasured components, and included only families with two or more children because households with one child contribute no information about family components. First, the model was estimated with the same household component (magnitude of variation) for every household. I then allowed the “household” component to be different for the two types of households with multiple children—fully biological siblings versus half/step siblings and adopted children (i.e., “unrelated” children who grew up in the same household). The latter models allow the between-sibling and between-family random effects variance components to differ by biological relatedness (jointly estimated so covariate effects are the

¹² I experimented with introducing heteroscedasticity into the multilevel model at the individual level as a function of the percent of childhood years spent growing up in the 1968 neighborhood. I initially thought this would be a good idea because we would expect the within-neighborhood variance to be smaller if most or all individuals grew up in the 1968 neighborhood for their entire childhood. However, upon further reflection, the selection bias issues of who moves outweigh the reduction in errors-in-variables bias, and thus does not justify modeling heteroscedasticity nor keeping only individuals who grew up in the 1968 neighborhood for their entire childhood.

same). I tested whether the magnitude of variation of their household components are different (larger or smaller).

The result is that the degree of heterogeneity is significantly different among the two types of households (at the 10 percent level). As expected, the between-sibling variance is smaller for fully biological siblings versus half-siblings and “unrelated” siblings, reflecting the influence of the genetic component. However, because the subset of fully biological siblings are a more homogenous and advantaged subsample along socioeconomic dimensions, the between-family variance component for full siblings is also smaller than that for half-siblings and unrelated children (results available upon request). As a result, the estimated sibling correlations do not differ significantly between full biological siblings and other siblings (half/adopted). I then incorporated the significance of both the childhood family and neighborhood components in health status. Similar sibling correlation estimates are found once neighborhood components are introduced. I conclude that there is marginal evidence of an effect of “relatedness” on health status beyond living in the same household and neighborhood, though small samples of step and adoptive ties prohibit more definitive conclusions.

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